



KADINA HIGH CAMPUS

2023 CROSS COUNTRY

LENNOX HEAD

Thursday 6th April
(Week 11, Term 1)



ALL students are expected to attend and participate..

- If cancelled due to poor weather, you will then come to school for normal Thursday "week B" lessons. This will be announced via **Kadina's Facebook page by 8.00am on the day.**
- Students go to Roll Call at 9.10am
Any students who have not returned their permission note will be sent to front office to be handled by deputies.
- After roll marking students will assemble in house areas on bottom oval (under supervision of roll call teachers)
All students in years 7-12 travel by bus.
- Roll mark in house sport groups will occur at Lennox Surf Club on arrival.
- The **cost is \$10** and is to be paid to the front office before the carnival day
This covers Bus, BBQ lunch & a drink.
- All students will walk from Surf Club along beach to the top of Lennox Point Headland for race starts.
Students then walk/run from the headland back along the beach to the surf club.
Students receive a voucher after completing the course for a BBQ lunch and drinks.
- BBQ lunch and drinks are provided (cost included in \$8 paid when catching bus)
Please note that the **Surf club kiosk MAY NOT be open.**
Year 12 students will be having a fundraiser stall selling some food.
- Students will then take part in activities on the beach and surf club grassed area in the afternoon.
NO students will be allowed to swim at the beach
Supervised swimming for students with permission in Lake Ainsworth (pending lake conditions).
- Please be sun safe by wearing a hat, appropriate clothing and using sunscreen.
Drink plenty of water.
Bring and carry any medications you require eg Puffer for Asthma
- BUSES RETURN TO KADINA BY 3.00PM.
Rolls will be marked before boarding the buses.
Students will only be permitted to leave early or stay at Lennox Head after the carnival if they have a note from parents/carers.
- School uniform or House colours are to be worn.
- **Covered footwear is required.**
- Come prepared for wet weather. Eg change of clothes, towel, umbrella
- The school team for the Zone carnival will be determined by performance/times, not automatically by placings.
- The **Northern Rivers Zone** Cross Country is on Friday 19th May at Lismore Racecourse TBC (week 4, term 2)
- The **North Coast Area** Cross Country is on Friday 16th June at Byron Parklands (week 8, term 2)
- **PERMISSION NOTES MUST BE RETURNED TO SCHOOL FRONT OFFICE BY Friday 31TH MARCH**
- **Buses are being hired according to number of permission notes returned.**

Joshua Condon
Carnival Organiser


Principal



EXCURSION PERMISSION NOTE

EXCURSION & VENUE: TRSC Kadina High Campus Cross Country Carnival

ON: Thursday 6th April

ORGANISED BY: J Condon

Dear Parent / Caregiver,

The following excursion has been organised and we are seeking your consent to allow your child to attend.

Details of the excursion are as follows:

Cost:	\$10 Paid to Office		
Depart from and return to:	Kadina High	Departure time:	9:10am
	Kadina High		
Travel will be by:	Bus	Return time:	By 3:15pm
Dress code:	School uniform or house colours		
Food:	Own, Free BBQ, Kiosk		
The staff member with emergency care training is:	J Condon All Staff		
The staff member with CPR training is:	J Condon All Staff		
Accompanying staff are:	All Staff		

Refunds on Excursions

Where a non-refundable amount has been indicated on an excursion, this amount will not be refunded to the student.

Monies will not be refunded where an excursion or subject has a component that cannot be refunded or where the campus has paid on behalf of a student onto another supplier. If a student is undertaking an excursion and is sent back due to illness or misadventure there will be no refund.

Student Misbehaviour

Where a student is not allowed to attend a school excursion due to misbehaviour, the refund policy applies. See the section above on excursions for the application of the refund policy. If a student is sent back home from an excursion for misbehaviour there will no refund.

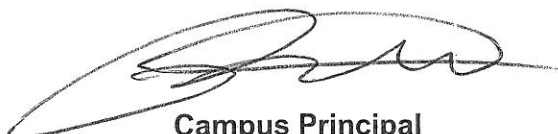
Medical / ambulance insurance mention

There are no reciprocal arrangements in place for NSW students travelling on school excursions to Queensland. In this instance, it is advisable for parents to take out private health insurance to cover ambulance costs. Students without cover will be liable for the cost of emergency ambulance services they may require if they are injured while on excursions in Queensland.

Joshua Condon

Excursion Coordinator

08/03/2023



Campus Principal



EXCURSION PERMISSION NOTE

EXCURSION & VENUE: TRSC Kadina High Campus Cross Country Carnival

ON: Thursday 6th April

ORGANISED BY: J Condon

Please return this section to the Student Services Office by: Friday 31st March

Costs involved in this excursion will be: \$10 Paid to Office

I hereby give permission for my child _____ of Year _____ to participate in the above excursion as approved by the campus principal.

I give permission for my child to receive medical treatment in case of an emergency, and:

I have completed and signed the Medical Information Form accompanying this permission note

or

I have already provided a completed up to date Medical Information Form within the last 12 months

I acknowledge that this event/activity is required to be held in accordance with any current NSW Health COVID-19 Public Health Orders and the NSW Department of Education's policies and procedures. I acknowledge and accept that there is a risk that my child may be exposed to COVID-19 whilst attending and participating at this event. I confirm that my child will not attend if displaying any symptoms of illness, and/or if directed to isolate under public health orders.

I have completed and signed permission to swim section of this note.

I have completed and signed permission to publish section of this note.

Name: _____

Parent/Caregiver

Signature: _____

Parent/Caregiver

Date: / / 2023



Medical Information Form

The information provided on this form is being obtained for the purpose of ascertaining relevant medical information, requirements and other health care related needs about your student who is currently enrolled at the campus and who may participate in campus and college excursions, sporting activities or other educational activities conducted by or in conjunction with The Rivers Secondary College and its campuses. It will be used by officers of the NSW Department of Education to assist planning, to support students, and to minimise risks when conducting school excursions, sporting or other school activities. Other persons or agencies that may be provided with this information include, but are not limited to, volunteers and members of external organisations who join with the college or are otherwise involved in the planning or delivery of the excursion, sporting or other college activity; and persons that may be called upon to provide health care treatment or other assistance during or as a consequence of such excursions or activities. Provision of this information is not required by law. However, a failure to provide the information may mean that your child cannot participate in a particular excursion or college activity. In such circumstances, the campus will make available a sound alternative educational experience. Provision of this information will significantly assist the campus in planning a safer educational activity. It will be stored securely. If you have any concerns about provision of this information, please contact the campus principal to discuss further. *You may correct any personal information provided at any time by contacting the school office.*

Student name:

Year:

Medicare number

Parent or caregiver contact details

Name:

Address:

Home phone: Work: Mobile

Doctor contact details

Name: Doctor's contact phone number:

Emergency contact(s) details (nominated by the parent or caregiver as alternate contact)

Name: Contact phone number:

**Please list existing medical conditions or illnesses (include asthma, diabetes, epilepsy, allergies etc.).
Outline the treatment for each.**

.....
.....

Outline special dietary needs including possible reaction to inappropriate diet

.....

Medication(s) to be administered during the excursion. Include name of medication, instructions for administration, time of administration, and any possible reactions

.....
.....

Signature:

Date:



Water or swimming activities - Advice	
The excursion will involve the following water or swimming activities:	
These activities will take place at:	
The school will provide the following flotation devices to students who may require assistance in the water:	
Water or swimming activities - Response	
In relation to the proposed water or swimming activities, I advise that my child is a: <i>(please tick one)</i>	
<input type="checkbox"/> strong swimmer	<input type="checkbox"/> average swimmer
<input type="checkbox"/> poor swimmer	<input type="checkbox"/> non-swimmer
I advise that my child requires the following flotation device to assist him/her in the water:.....	
I undertake to provide this device so that my child can participate in the excursion. <u>Yes / No</u>	
I <u>give / do not give</u> permission for my child to participate in the water or swimming activities.	

Please refer to the Specific sport and physical activity guidelines on the NSW Department of Education website: [Sport safety guidelines](#) when requesting swimming competency information for particular water-base activities.



THE RIVERS
SECONDARY COLLEGE

The heart of secondary education for Lismore

Dear Parent/Caregiver,

I am seeking your permission to publish information about your child for the purposes of sharing their experiences with other students, informing the school and broader community about school and student activities and recording student participation in noteworthy projects or community service.

This information may include your child's name, age, class and information collected at school such as photographs, sound and visual recordings of your child, your child's work and expressions of opinion such as in interactive media.

The communications in which your child's information may be published include but are not limited to:

- Public websites of the Department of Education including the school website, the Department of Education intranet (staff only), blogs and wikis
- Department of Education publications including the school newsletter, annual school magazine and school report, promotional material published in print and electronically including on the Department's website
- Official Department and school social media accounts on networks such as YouTube, Facebook and Twitter
- Local and metropolitan newspapers and magazines and other media outlets

Parents should be aware that when information is published on public websites and social media channels, it can be discoverable online for a number of years, if not permanently. Search engines may also cache or retain copies of published information. Published information can also be linked to by third parties.

Please complete the permission slip and return it to the school as soon as possible.

Yours sincerely

Chris Randle
Executive Principal

PERMISSION TO PUBLISH

I have read this permission to publish and:

Tick the appropriate box I GIVE permission I DO NOT GIVE permission

to the campus/Department of Education to publish information about my child as described above, including in publicly accessible communications.

This signed permission remains effective until I advise the school otherwise.

Child's name:

Parent/carer/caregiver's name:

Parent/carer/caregiver signature:

Date: