

*This school is built upon the Lands of the People of the Bundjalung Nation*

## ***From the Principal***

Kadina High School students continue to excel in all areas of school life. I was given notification this week that Year 12 student Hannah Britton will receive a NSW Combined High Schools Blue for outstanding achievement in Swimming. Her recent achievements include holding the position of vice-captain for the NSW team in the School Sports Championships in Melbourne. There, Hannah picked up 2 relay gold, 3 individual silver and 4 individual bronze in the multi-disability categories. She currently holds the 13-years and 16-years record for deaf girls 50m breaststroke, her favourite event. Hanna will be invited to Sydney for a presentation at Olympic Park in December. Kadina High School wishes Hannah all the best in the future and believe she will be a name to remember in the sporting field.

Our textile students excelled at the recent North Coast Nationals at the Lismore show with students in years 10, 11 and 12 taking major placings. As Ms. Shepherd says, Kadina has a long history in textiles creativity. The exciting news was that Kadina High School was named the most successful secondary school exhibitor in the pavilion at the Lismore Show. This is the third time in recent years the school has achieved this recognition.

Vienna Barker currently studies French through Distance Education. In a recent national French competition Vienna was awarded a Distinction for listening and a High Distinction for reading. As reported in this week's newsletter several other students have also received awards for their work in Distance Education studies.

In debating Kadina continues to shine and it was exciting to hear our year 7/8 debating team are currently zone champions. More can be read further on in the newsletter.

Photographs of the recent Leo's trivia night have been included in the newsletter. With over 140 students, teachers and community members attending the night and over a hundred generous donations from local businesses, the Leo's club were absolutely stoked by the enthusiasm of everyone that made the night truly spectacular. A special mention to the sponsors who provided a variety of prizes for the night. Thank you to everyone who participated in the evening. In total the night raised a total of \$1300. This money contributes towards the Kadina High Rainbow Fund which provides less privileged children the opportunity to be supported whenever a helping hand is needed financially. Thank you all the Leo's that helped out and also to all the other students that gave a helping hand when they saw one was needed. Finally I would like to acknowledge the president of Leo's, Brendan Pearce for all his ongoing organisation and to Mrs Champion for her ongoing support of the students. Their success can be recognised in the Kadina High School Leo's club recent achievement of being selected as the Lions District 201 Q! Leo club of the year 201/11, a great effort.

**Mr I Davies**  
Principal

## **Diary Dates**

### **November 3**

Yr 11 Music Night

### **November 4**

Zone Cricket Lismore

### **November 7-9**

School Certificate Exams

### **November 14-15**

Yr 10 Portfolio interviews

### **November 15**

Yr 12 Formal

### **November 16-18**

Yr 10 Excursion

### **November 21-22**

Peer Support Training Yr 10

Regular updates of the calendar can be found on our schools website

## **Sickness Procedure**

Students & Parents are reminded that if a student becomes sick at school they should first inform their teacher or any teacher if in the playground. The student should then report to the main office with a note & parents may be contacted.

It is policy that parents are contacted, and asked, where possible, to pick their child up.

**Do we have your current mobile numbers??**

**Please ensure we have your current contact numbers so we can contact you in case your child becomes ill or injured.**

**Being a Kadina student means that you:**

**CARE FOR YOURSELF  
CARE FOR OTHERS  
CARE FOR THE ENVIRONMENT  
CARE ABOUT LEARNING**



### Awards for Distance Education Students

In a National French competition, French Certificate 2, held late last term, Vienna Barker of Year 10 was awarded a Distinction for Listening/ and a High Distinction for Reading.

Along with several other of our students, Vienna is studying French via the Southern Cross Distance Education Centre. Distance Education is provided at a relatively small cost to students who are unable to study subjects of their choice due to timetable clashes or because it isn't provided at the school.

Students from Yrs 9, 10, 11 and 12 have been studying languages and other subjects where instruction is delivered through the mail, email, online lessons using Moodle and weekly phone calls to their teachers. Special study days at the Southern Cross Centre are sometimes held where our students can meet students from other schools studying the same subjects.

Studying via Distance Education does require a great deal of self discipline to keep up with the work, so the students need to be fully committed to their subject.

Kadina's timetable allocates them periods of study time in the Library. They are encouraged however to seek help whenever problems arise, from Kadina's Distance Ed supervisor, Mrs McLeod in the Library, or from their Distance Ed teacher. But the teaching is thorough, as evidenced from the successes of past and present students at Kadina.

Marlee Webb has received an Outstanding Achievement Award in Senior Beginners Japanese and Sophie Wilson has achieved Excellent Application & Results Award in Senior Japanese Continuers.

Kurt Spargo of Year 11/12 has also been achieving excellent results for his Senior Japanese Continuers course. They are all a credit to our school, showing not only ability, but also commitment and diligence in their studies.



### More Success at North Coast National

Stephanie Earnshaw, who has just sat for her HSC, was awarded 2<sup>nd</sup> place for crocheted rugs at the North Coast National Show this year.

Stephanie said it helped to calm her nerves during the pressure of HSC studies and hopes to pass it down her family as an heirloom.





## DEBATING - Zone Winners

Last term our 7/8 debating team won all their rounds against Casino High, Richmond River High School and Ballina High which made us the Zone Champions.

On Tuesday 18<sup>th</sup> October our 7/8 debating team consisting of 1<sup>st</sup> speaker Robert Lingard, 2<sup>nd</sup> speaker Aaron Cooper, 3<sup>rd</sup> speaker Ally Casson and Team Advisor, Lucinda Gray drove all the way to Banora Point to compete in the Inter Zone final.

After a few detours about Sexton Hill road works we eventually found the High School where we were warmly welcomed. Our team had only competed in two debates after a forfeit from Ballina, so this was our third debate.

The topic was 'that the drinking age should be raised to 21' and we were the negative. The team did themselves and the school proud, but unfortunately lacked the finesse of the more experienced team from Banora Point whose manner was outstanding. We are hoping to gain more experience with some in-school debates later in the term. We look forward to next year's competition.

We are proud of our achievements in our first year of debating.

**Mrs J Fryer**  
7/8 Debating Coordinator



**Mountain Men trek to Mount Warning.**

I would like to remind parents you can subscribe to the school newsletter email distribution list. It is easy and it is free. All you have to do is log into whichever email account that you would like to receive the email from and send an email to: [kadina-h.admin@det.nsw.edu.au](mailto:kadina-h.admin@det.nsw.edu.au) with "subscribe me" in the subject line.

### HSC survival guide

In School A to Z you will find a handy guide for helping the whole family get through this often stressful time. Get tips on how to provide a relaxing and supportive home environment that will best support your studying teen. Go to: [www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips/tips-for-surviving-the-hsc](http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips/tips-for-surviving-the-hsc)

For more advice, go to NSW HSC online: [www.hsc.csu.edu.au](http://www.hsc.csu.edu.au) which has a special section for parents and carers.

## Hughes caps top season with title

Article from Northern Star & Ballina Advocate

BRADLEY Hughes has done it all this year on the hockey field.

At just 15 years old, he became a regular starting player for East Lismore this season.

And to cap that off he was involved in a dominant New South Wales team that won the Australian under-15 boys' championship in Melbourne over the weekend.

The midfielder helped set up goal after goal at the championships.

Hughes' team scored a whopping 70 goals and conceded just 11 at the competition.

This included monster wins over Northern Territory (16-0), South Australia (13-1), ACT (10-1), Victoria (11-3), Tasmania (8-0) and Western Australia (8-3).

Hughes' team did receive a scare from Queensland in its final match though.

With both teams competing for first place, New South Wales won 4-3 after the Queenslanders led 3-0 at half-time.

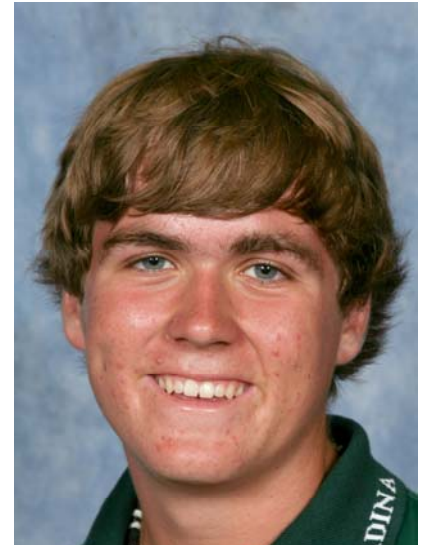
But a flood of goals from New South Wales in the second half gave Hughes' team the gold medal.

"It's the best feeling ever," the Kadina High School student said. "Stepping up to play premier league locally definitely helps take the pressure off when you go back to taking on kids your age."

And Bradley's sister Jennah in Year 7 at Kadina won silver for New South Wales under-13s at the national championships in the Northern Territory at the weekend.

Great work Jennah & Brad

**Ms J Seymour PDHPE**



REDUCE RISK - INCREASE STUDENT KNOWLEDGE  
www.rrisk.com.au

### Talking to Young People about Alcohol and Drugs

It is best for education about alcohol and drugs to begin before young people are exposed to personal decisions about their use. Young people who have accurate information, coping and decision making skills and understand the issues, will be in a good position to make responsible decisions about alcohol and drugs.

Parents and carers can begin this education in the home and support school and other programs such as the RRISK Seminars. Parents also provide a powerful role model when it comes to drinking and attitudes to alcohol and other drugs.

Take time to talk. For example, sitting down with the young person in your care and mapping out a plan of action and what to say if they are offered drugs or alcohol can help equip them for the almost inevitable real event. Listen to what the young person in your family says about alcohol and drugs and follow up with a discussion. Take the opportunities when they come up during everyday activities, for example:

When you pour a glass of alcohol

When alcohol or other drugs are mentioned on TV or other media

When using or giving out medicines

When your young person has an assignment on alcohol, smoking, medicines or other drugs.

It is important to understand that in some situations young people may take risks. Sitting down afterwards and helping them identify where things started to go wrong enables them to consider what they could do differently the next time they are faced with a similar situation.

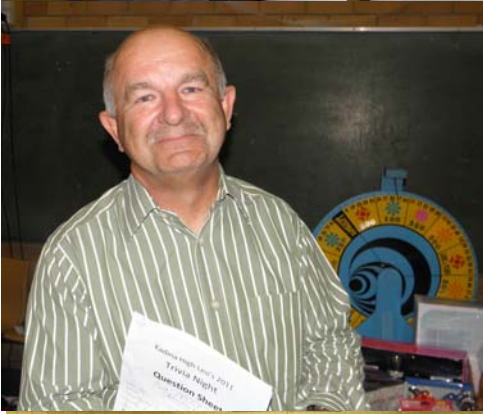
**Look for information about the RRISK Program and risk taking at our website**

[www.rrisk.com.au](http://www.rrisk.com.au)









## Year Advisor's Address 2011

Good morning and welcome to our special guests, families and friends, staff, and of course Year 12.

Well, Year 12 – here you are at last – at the end of 13 years of schooling – a wonderful and diverse group of young adults keen to take the next step in your lives.

Over the past 6 years it has been a pleasure to see you develop your own personal strengths – some of you are great debaters, fantastic athletes, amazing singers and musicians, great cooks, designers and creative artists but you have all become wonderful young citizens of the Kadina community.

### ***So where to now?***

First of all there is that set of small obstacles called exams, followed by our celebration event – the formal, and for some, more celebrating at schoolies or in travel.

But beyond that .....– some of you have a clear direction about your future – mostly involving further education or employment.

Some of you are intending to take the popular option of a 'gap' year – I encourage you to use your time productively. Others are less sure what lies ahead.

Whatever your path, you will be guided and directed by signs

Our lives are governed by signs – speed signs, info signs, go here, don't go there signs (especially if you are under 18) etc, but I want to talk about the signs we give each other (not signs like those that tell us what street we live in....)

Your parents, carers and families are here today to celebrate this significant time of your life – as a sign of their on-going commitment to you.

For many of them it is a time of mixed emotions when their beloved offspring are looking to perhaps leave the loving and nurturing environment they have provided for you for the past 18 yrs.

Perhaps, like my children, you received for your 18<sup>th</sup> birthday, a suitcase. NOT as a sign that as parents, we wanted you out of the house, but as a sign that **WE** were getting ready for you to leave the nest and take on that big world out there – always knowing that you could pack that suitcase and come home at any time.

As friends, you give each other signs all the time – of when you are happy and things are going well, but also when you are struggling. As a group, we experienced the heartache that came from not recognising these signs when we lost Alex. I believe, the legacy of Alex's death has been a much heightened awareness in us all of signs of when a friend is in trouble, and a willingness to support each other.

I would like to take this opportunity to thank the team that have supported **you** over the past 6 years and brought you to this day – your parents, carers, families and the staff – including the teachers and all those wonderful **support** staff who work so hard for you behind the scenes. Your knowledge, your insights, your patience and most of all your humour have been greatly appreciated by the students and especially by me.

So, enjoy this special day and continue to work hard in the next few weeks to do your best in those exams because your efforts will contribute to those next important signposts in your lives – your results and your ATARS.

And if you don't get to follow the path of your 1<sup>st</sup> choice, remember there are always detours you can take to get to where you want to be.

Your parents and carers, your friends, and I, will always be here to support you and to help you find your own direction.

but **YOU** are the creator of your own destiny. Grab it with both hands!

I wish you Success with Honour - Good luck Year 12.

**Jeanette Flatley**





# Year 12 Presentation Assembly









***Congratulations Year 12 2011***



### Thank you to local businesses

CONNECT Work Placement and the school would like to thank the following businesses for their ongoing support in taking vocational students to assist them in fulfilling the work placement component of their VET course.

Lismore Workers Sports Club  
Caddies Coffee Company  
Caroona Goonellabah  
Civic Hotel Gossips Cafe  
Feros Village Bangalow  
Casino RSM  
Thearle Electrical  
Prestige Gardens and Landscaping  
RA's Lismore Car Repairs



For your convenience Kadina now has EFTPOS for the payment of excursions or fees, no need for cash!

### LATE FOR SCHOOL

Please support your children by encouraging them to arrive on time.

All late arrivals need to be supported by a note with your child's name and roll class signed by a parent/guardian explaining the reasons for the lateness

### Local schools, local decisions

You have until Friday 18 November to contribute to the online forum of the NSW government's 'local schools local decisions' planning process.

The NSW Government wants to hear from people about giving schools greater control over decision-making in order to improve teaching and learning, and achieve the best outcomes for students.

Everyone with an interest in public education is invited to contribute ideas on five areas of reform:

- making decisions
- managing resources
- staff in our schools
- working locally
- reducing red tape.

To have your say go to the online forum at: <http://haveyoursay.nsw.gov.au/localschools>

### VOLUNTEERS WANTED

#### Host an International Exchange Student

- ✦ Gain a new family member
- ✦ Make a life long link to a family in another country
- ✦ Learn about another language and culture
- ✦ Share the beauty and culture of Australia
- ✦ Contribute to international goodwill

By offering to act as a host family in a volunteer capacity, you will provide an international student with the opportunity to study and experience life here in Australia.

With new students arriving in January 2012 from over 20 countries, why not give the students in your local area the opportunity to learn about other cultures and make international friends!

If your family can offer a friendly, supportive and caring home environment, contact us today. Note: opportunities exist for families to host on a long term basis (5 or 10 months) basis as well on a temporary and short term basis (2 or 3 months).

**To hear more about this wonderful opportunity or our student exchange programs out of Australia**

**Call 1300 135 331 or visit our website:**

[www.studentexchange.org.au](http://www.studentexchange.org.au)







Aboriginal Legal Service (NSW/ACT) Limited

# Is Community Services involved with your family?



Call (02) 8836 3444 to speak to a Lawyer

The ALS has dedicated **Care and Protection Lawyers** who only deal with matters that involve the NSW Department of Human Services - Community Services (used to be known as DoCS).



### ALS Care and Protection Lawyers are based in:

Level 8, 33 Argyle Street  
Parramatta NSW 2150  
Phone: (02) 8836 3444

117 Faulkner Street  
Armidale NSW 2350  
Phone: (02) 6772 5770

779 Moore Street  
Canberra ACT 2601  
Phone: (02) 6249 8488

18-26 Victoria Street  
Grafton NSW 2640  
Phone: (02) 6640 1400

Ground floor, 85 Market Street  
Wollongong NSW 2500  
Phone: (02) 4225 7977

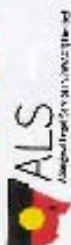


**ALS**  
Aboriginal Legal Service (NSW/ACT) Limited

301 Macquarie Street, Sydney NSW 2000  
Rt 1 Box 50, Lismore NSW 2480  
F 02 6625 7988  
F 02 6625 7987  
M 02 8836 3444

E [zoe@alsnswact.org.au](mailto:zoe@alsnswact.org.au)  
W [www.alsnswact.org.au](http://www.alsnswact.org.au)

Justice for Aboriginal people, the Koori way



## Is child protection talking to you?

Phone 1800 733 233  
to speak to a care and protection lawyer or field officer

[alsnswact.org.au](http://alsnswact.org.au) - [www.alsnswact.org.au](http://www.alsnswact.org.au)



# WE CAN HELP

representation in court  
advice and information  
referral to further support services

ALS has **Care and Protection Lawyers** and **Family Violence Contact Officers** who work with child protection matters, Care and Protection matters and **Community Services** (used to be known as DoCS). They provide for the safety and well-being of children in NSW. Care and Protection matters are different from Family Law matters because **Community Services** is involved.





**“SENIOR STOCK”**  
**Year 11**  
**Music Night**

**Adult \$8**  
**Student \$5**  
**Family \$20**

**Thursday**  
**November 3**  
**MPC 7pm**

SINGLETON



# AUDITION NOW!

For Kadina High School's Production of the Musical Comedy

## MA BAKER'S TONIC

SET IN THE ROARING TWENTIES WITH GANGSTERS, FLAPPER  
GIRLS, HILLBILLIES AND MOONSHINE.

THIS SHOW IS FUN, ENERGETIC AND A LITTLE BIT WILD!!!

CASTING NOW FOR REHEARSALS AND  
PERFORMANCES 2012

ALL STUDENTS WELCOME TO AUDITION

### WE NEED:

ACTORS, SINGERS, ACTOR/SINGERS, DANCERS,  
MUSICIANS ESPECIALLY DRUMS, BASS, GUITAR,  
TRUMPET, CLARINET, SAX, STRINGS, PIANO

Auditions will take place on Thursday and Friday Week 5

Get permission note off Mr Sassi or Ms Johnstone