

This school is built upon the Lands of the People of the Bundjalung Nation



Principals Message

Remembrance Day

I would like to congratulate our school captains on their respectful involvement in the Remembrance Day ceremony held on Sunday in Lismore.

Students from Kadina High School also attended a Remembrance Day ceremony at Chauvel Village where they performed musical items. James Foster from Year 11 read the Afghanistan Roll of Honour and it was a very moving experience for all who heard his reading. His speech is included in this newsletter.



Gap Year Ideas

As students of the class of 2012 have now completed their HSC, parents of our new Year 12 2013 may wish to start thinking about what lies ahead this time next year.

If your child is taking a gap year, they might like to consider volunteering. Check out options on the Youth NSW website. Find out how to get started and connect with the right organisations.

Go to: http://www.youth.nsw.gov.au/youth_links/links/things_to_do/volunteering.html

And on 'Schoolies' safety the Turning 18 website offers savvy advice for parents and students alike. Get the facts on drugs, alcohol and celebrating, with top tips for staying safe. Go to: <http://www.turning18.com.au/>

Year 12 Formal

Tuesday night Kadina High School held the Year 12 formal at the Lismore Workers Club. I would like to thank Leanne Nott the Year 12 Year Adviser, and the staff behind the scenes supporting her, for making the night happen. The speech given by Ms. Johnstone from a staff perspective gave an insight to how much the year had bonded with the staff at Kadina High School. They will be sadly missed.

Congratulations to all on an outstanding effort. I can imagine how the students must have felt. You could sense a lot of excitement in the air. It was a special night for our students, and one that I hope they remember for a long time.

Ian Davies
Principal

Diary Dates

November 20

RISK at Sth Cross Uni Yr 11

November 21

Celebrations Assembly

December 3—7

End of Year Excursions

December 6-7

Year 7 2013 Orientation

December 10

P & C Meeting

December 14

End of Year Assembly

December 19

Last Day for students

SUBSCRIBE ME!!.....

I would like to remind parents you can subscribe to the school newsletter email distribution list. It is easy and it is free. All you have to do is log into whichever email account that you would like to receive the email from and send an email to: kadina-h.admin@det.nsw.edu.au with "subscribe me" in the subject line.

For your convenience

Kadina now has EFTPOS for the payment of excursions or fees, no need for cash!



LATE FOR SCHOOL

Please support your children by encouraging them to arrive on time.

All late arrivals need to be supported by a note with your child's name and roll class signed by a parent/guardian explaining the reasons for the lateness.

Being a Kadina student means that you:

CARE FOR YOURSELF

CARE FOR OTHERS

CARE FOR THE ENVIRONMENT

CARE ABOUT LEARNING



INDIGENOUS ART

Thanks to Tywana Caldwell and Trai Murray for representing the Indigenous students of Kadina with their artwork at the Coraki Art Competition. Congratulations for your efforts in participating in the competition.

Irene Clarke
Aboriginal Education Officer



THANK YOU TO LOCAL BUSINESSES



CONNECT Work Placement and the school would like to thank the following businesses for their ongoing support in taking vocational students to assist them in fulfilling the work placement component of their VET course.

<p>Paul Wolfe Constructions Lismore City Council – Construction Halray Brake Reconditioning Greg Clark Building Pty Ltd Lismore Veterinary Clinic Sidney & Hacking Plumbing Pty Ltd Scotcher Homes Norco Co-Op Limited – Lismore Tommys Restaurant Mecca Café Lismore Workers Sports Club Taste at 8 Café Bunnings Warehouse - Lismore DJ's Aquarium and Pets Coffee Shots Lismore Central Veterinary Hospital Lismore Reliance Plumbing Lismore Hydraulics & Engineering Hallidays Engineering North Coast Cabinets McKee – Co Lismore Workers Club Norco Rural Store – Lismore Bill & Joe Boehm Builders Phillip Matthews Steel Fabrication Trevan Ford – Lismore Palate at the Gallery Hernes Freight Service Dayal Singh Joinery Harvey's Eating Place Pickled Pepper Bistro</p>	<p>ATV TECH MP Steel Pty Limited Dragonfly Café Henry's Bakery Café Darryl Schwebel Building Pty Ltd Alstonville Steel Adam's Plumbing & Roofing Just Grounds Café Lismore Nissan & Kia Newton, Denny & Chapelle Hava Coffee Tranquil Pools and Landscapes Harvey's Eating Place Goanna Bakery & Café Evans Head Bowling Club Restaurant GA & DM Stewart Fire in The Belly North Coast National A&I Society Inc. Readings Engineering Services Pty Ltd Wade & Wotherspoon La Vida Northern Rivers Brakes & Exhaust The Bank Rodney Lees Cabinet Making Wayne Bird Building Pty Limited Byron Bay Dive Centre Steve's Bakery & Cake Shop Gaggin Constructions Koellner Steel AWE Engineering</p>
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REMEMBRANCE DAY

On Friday 9th November, Kadina students participated in the Chauvel Village Remembrance Day service. James Foster read the Roll of Honour for Afghanistan and also delivered a speech "What Remembrance Day Means to Me". It was a moving speech and the visiting dignitaries congratulated James on his presentation and sentiments.

Lucinda Gray, Jessica Johnson, Georgia Knight and Jacqueline Payne sang the musical items for the service: God Bless Australia, Abide With Me and the National Anthem.

All students were excellent ambassadors for the school, performing with an appropriate sense of occasion and commitment.

Virginia Johnstone



JAMES FOSTERS SPEECH

I was approached on Wednesday and asked to write a speech about what Remembrance Day means to me. At first, I was struggling with the idea. Surely, I thought, I shouldn't write about the brutality of war and attempt to hide it under the guise of glory.

Then it occurred to me, it wasn't about celebrating or glorifying war at all. It was about recognising the gallantry and humanity of soldiers who have fallen trying to make the world a better place for not only their kinsmen, but for nameless and faceless men and women around the world. It is about recognising soldiers who performed the ultimate thankless task.

The nature of the world has changed. When Remembrance Day was first established, it was about celebrating those who fell defending their country during World War I. Then, as now, military service was optional. It was something men opted to do in order to protect their country. Things are different now though. Men and women still join the armed services willingly; however, they don't just do so out of a sense of duty to protect their country. They do so out of a desire to do good in the world. They do so to fight for the freedom and liberties of strangers.

This, I believe, is the spirit of Remembrance Day. Remembrance Day is about recognising the bravest of the brave; the men and women who marched into the unknown to fight a foe who threatened their beliefs. Sacrifices have been made and blood has been shed protecting the ideals we hold so precious today.

World War 1 was considered the Great War- the war to end all wars. Then in 1939 World War 2 arrived. A new enemy had risen and again threatened the ideas of peace and the right to freedom of all peoples regardless of religion or ethnicity.

So this brings me back to the meaning of Remembrance Day. It's not just about remembering one date. It's not just about remembering all the millions of people who fought and fell in numerous battles all over the world although these are two very important aspects. It's also about remembering and not taking for granted all the things those people gave their lives for. Things worth fighting for. Freedom to be who we are. Freedom from religious persecution. Freedom from discrimination. Freedom from oppressive regimes. It's about mateship. It's lending a hand when someone needs help to hold on to these freedoms. It's about being brave enough and having enough conviction to stand up for what you believe in and fighting for freedom.

Remembrance Day may be called by other names in other nations but the idea remains the same. Everyone everywhere will have a different idea of what it means to them. To me, it is not about glorifying war. It is about recognising husbands and wives, sons and daughters, mothers and fathers. Soldiers all who marched to war to fight for the things we hold so dear. As an unknown man once stated, "Freedom is never free".

James Foster

Year 11 Student

FOR SALE

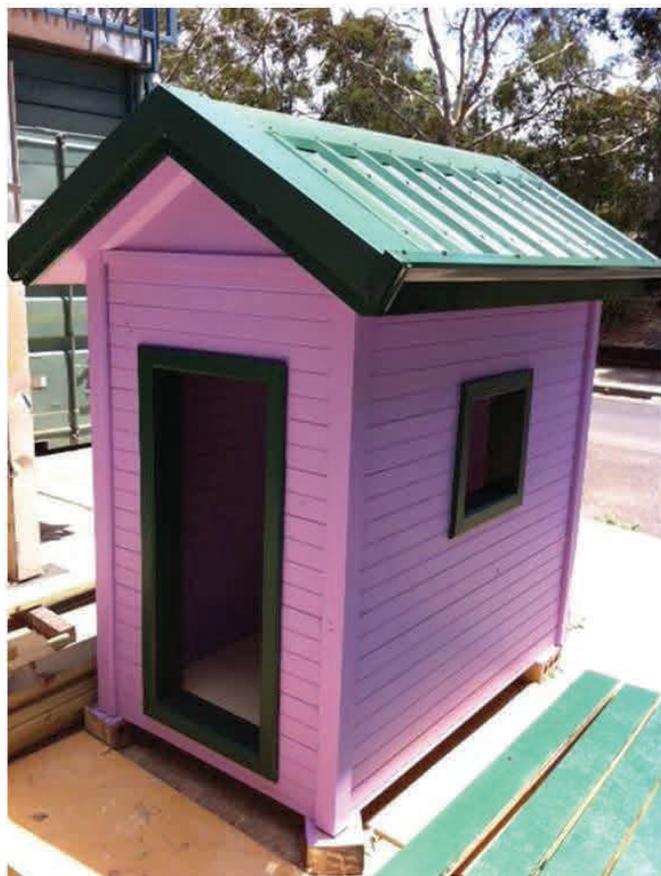
- 1 Cubby House- OVER ENGINEERED for safety!
- Built by senior construction students at KHS
- It is finished just in time for Christmas

Size- 1.5 x 1.8 m, Clad interior, insulated, 70 x 35 building grade framing pine, marine ply flooring, Flashed exterior to alleviate sharp edges, primed and 3 coats of exterior grade paint to stand up to the weather!

Similar cubbies are sold in excess of \$ 1000, don't be tempted by inferior cheap, mass produced designs made from rainforest timbers that will not stand the test of time. This will be around for generations!

Be quick as there is only one and it won't last long at this price! Inspections welcome. Local delivery can be arranged. For more information contact Chris Williams (Head Teacher TAS at Kadina) on **66243133**

\$800 ONO (this just covers the cost of the materials)





Crime Time

With Senior Constable Kim Mewing
Your School Liaison Police Officer

Hi everyone. I am the School Liaison Police Officer. The topic for this week is:

GRAFFITI VANDALISM

The term 'graffiti' generally refers to illegally defacing private and public property with markings and/or graphics without the owners consent.

Instead, put your talent to good use, buy a blank canvas from your local discount store and create artworks that will last!

A person who maliciously damages property belonging to another:

Penalty: Maximum of 5 years jail

Damaging and defacing property with spray paint
Penalty: Maximum of 6 months jail, \$2,200 fine or community service work.

A person must not have spray paint in the persons possession with the intention that it should be used to damage or deface premises or other property.

Penalty: Maximum of 3 months jail , \$1,100 fine or community service work.

If you have information relating to graffiti vandalism, know of persons responsible for graffiti in your area, or require additional information, please contact NSW Crime Stoppers on 1800 333 000.



DIVISION OF MARKETING

For all inquiries about Charles Sturt University courses, please contact info@csu.au on:

T: 1800 334 733
F: (02) 6338 6001
E: inquiry@csu.edu.au
W: www.csu.edu.au

You + CSU = \$20,000

Entries are now open for Charles Sturt University's 'You + CSU' competition, which gives school leavers a chance to win \$20,000 towards the cost of study at the University.

All you have to do is upload a video describing what your ultimate CSU experience would be like and you could pocket the \$20,000 and land a role as CSU's Digital Ambassador for 2013.

Entry is open to all Australian school leavers and TAFE graduates from 2010, 2011 or 2012 who intend to begin their first university degree, full-time, on campus at CSU next year.

More details are available at www.csu.edu.au/experience and entries are open until December 9, so grab your camera or smartphone and start shooting!

Facebook information session

And to hear about the CSU experience straight from the horse's mouth, the University's 'CSU Future Students' page will be hosting a forum on December 20.

School leavers curious about what life on a CSU campus is really like can log in via www.facebook.com/csufuture and ask current students about their own experiences.

All the information will remain on the page for others to read in future, so your questions could soon be helping other future students get a feel for the CSU experience too.

But Facebook is just one of the ways you can connect with CSU... you can find us on Twitter (@CharlesSturtUni) and the web (CSU.edu.au) or you can call us on 1800 334 733.

Putting Students First

Community Day of Action



The Putting Students First Charter

STOP THE FUNDING CUTS TO YOUR SCHOOL!

(This flyer is endorsed by the P&C Committee of Kadina High School)

COMMUNITY DAY OF ACTION

Sunday 18 November from 11am
Heritage Park, Molesworth Street, Lismore

Picnic/BBQ | Activities for kids | Music

BYO lunch+ sunscreen

More information: www.puttingstudentsfirst.org.au/dayofaction

Authorised by Jenny Diamond, General Secretary, NSW Teachers Federation, 23-33 Mary St, Surry Hills NSW 2010.

SAFE SEXTING: No such thing

Information sheet for parents



Parents are urged to warn children about the dangers of 'sexting'-- the growing trend for young people to send provocative images of themselves to their friends via mobile phones.

Once photos are sent, it is an almost instant push of the button to forward them or load them onto the internet. These pictures then become part of a young person's 'digital footprint', lasting forever and potentially damaging future career prospects or relationships.

Images sent by mobile phone can easily fall into the wrong hands, and once they are in cyberspace it is impossible to remove them or control who sees them.

More and more young people seem to be distributing highly suggestive or even sexually explicit photos of themselves to their friends, often without a real understanding of the consequences.

The easy availability of new technologies and social networking sites can turn what can seem an innocent joke or flirtatious fun into a potentially devastating experience-- with young girls most at risk.

Sexting can lead to public humiliation, cyberbullying, or even sexual assault.

The message to young people is-- don't post images of yourself and don't distribute any sent to you.

It is illegal to take sexual photos of children and young people and it is also an offence to pass them on.

Parents are encouraged to get advice on sexting through the 24-hr parenting advice line, Parent Line 1300 1300 52. The line is staffed by highly trained and experienced counsellors.

Parents can learn about how technology is used in their child's life by visiting the Education Department's website www.schools.nsw.edu.au/click
For more advice on parenting and sexting, visit the Department of Community Services website www.community.nsw.gov.au.

Tips for parents

- Warn your children about the consequences of sexting.
- Remind children to think before they act.
- Tell children that sending or possessing child pornography is illegal.
- Warn them about sexual predators.
- Parents should learn how to use and monitor their children's mobile phones.
- Parents should check photo galleries on their children's Facebook and MySpace accounts.
- Give your children clear rules on what they can and can't do with their mobile phone.





REDUCE RISK - INCREASE STUDENT KNOWLEDGE
www.rrisk.com.au

Points to Consider When Buying a Used Car

Know what type of vehicle is allowed. The *prohibited vehicle* condition restricts provisional (P1 and P2) drivers from driving certain high performance *vehicles*.

Prohibited vehicles are those with:

Eight or more cylinders (except diesel).

A turbocharged engine (diesel exempt).

A supercharged engine (diesel exempt).

Engine performance modifications that require an engineer's certificate.

Certain high performance six cylinder engines. Visit the P1/P2 – High performance vehicle restrictions page on

www.rta.com.au

Know what you want. Do your research; consider what type of car will suit, whether manual or automatic, what the car will be used for, running costs (including maintenance and repairs) and level of safety.

Know what to check. Check the vehicle's identity; its VIN (vehicle identification number), engine number, compliance number plate, and check to see whether the vehicle has money owing on it. REVS (www.revs.nsw.gov.au) can also tell if the car's been stolen, re-registered or classified as a write-off.

Know how it drives. Take the vehicle for a test drive, but before you do, make sure the seller has an insurance policy that will cover it if there is a crash. Listen for odd noises and rattles check the engine and how it runs, and check the brakes and the steering.

Is your car worthy? When deciding between cars, choose the one with the highest Used Car Safety Rating. Visit

www.ancap.com.au or www.mynrma.com.au

A comprehensive pre-purchase safety inspection and an authorised inspection (pink slip) will ensure your car is in good enough shape to be driven on the road. Ensure that all faults are repaired before you take possession of the vehicle.

Helpful Websites:

Roads & Traffic Authority www.rta.nsw.gov.au

NRMA www.mynrma.com.au

NSW Office of Fair Trading www.fairtrading.nsw.gov.au

REVS www.revs.nsw.gov.au

Motor Traders Authority www.mtansw.com.au

The Red Book www.redbook.com.au

ANCAP Vehicle Safety Review www.ancap.com.au

For information about the RRISK Program and risk taking, visit www.rrisk.com.au



REDUCE RISK - INCREASE STUDENT KNOWLEDGE
www.rrisk.com.au

RRISK Seminar 2012

Year 11 students are invited to attend this year's RRISK seminar. 50 high schools from across the Far and Mid North Coast will be attending RRISK at the following venues and dates.

Tweed Heads: Tweed Heads Civic Centre on 8 and 9 November
Lismore: Southern Cross University on 20, 22 and 23 November
Port Macquarie: Panthers Auditorium on 27 November
Coffs Harbour: Southern Cross University on 29 and 30 November

RRISK (Reduce Risk Increase Student Knowledge) encourages students to:

- Know the facts
- Be aware of the risks
- Make informed decisions
- Plan ahead
- Look after your friends

This is the 14th year that the RRISK Program has been running on the Far North Coast and the 6th year the program has been offered to schools in the Mid North Coast. If your teenager is in year 11, please encourage them to attend.

A student from St Mary's Catholic College, Casino who attended RRISK last year, sent an email congratulating the RRISK Committee for providing a program that was practical and relevant to young people. He said

"For me RRISK was particularly worthwhile because the issues covered were ones that are taught in school but the emphasis was on what to do in this situation as opposed to how to avoid this situation"

RRISK is effective in reducing young driver crashes by 44%

The largest study ever undertaken into young driver behaviour was conducted by the George Institute of International Health in 2009. Results show that RRISK is the only program to have reduced the risk of road crashes for participants by 44%. Researchers identified RRISK as a best practice resilience building program.

Look for information about the RRISK Program including the full evaluation reports at our website www.rrisk.com.au

Sickness Procedure

Students & Parents are reminded that if a student becomes sick at school they should first inform their teacher or any teacher if in the playground. The student should then report to the main office with a note & parents may be contacted.

It is policy that parents are contacted, and asked, where possible, to pick their child up.

Do we have your current mobile numbers??

Please ensure we have your current contact numbers so we can contact you in case your child becomes ill or injured.

TRAIL BLAZERS PROGRAM

Byron Youth Service is offering a range of FREE Enterprise workshops & events for young people aged 12 to 24.

This program is funded by the Federal Government Department of Family, Housing, Community Service and Indigenous Affairs

CREATIVE ARTS COLLECTIVE: Creative Arts Workshops
Eight wk program. 8th October - 26th November (Monday arvo: 4pm-6pm)
Weekly workshops by different artists; the aim being for young people to produce a diversity of creations which they will have the opportunity to sell @ the Artisan Markets.

HANG IT! Thurs Nov 1st, 8th, 15th (5pm-9pm), & 22nd (3pm-7pm)
Participants will gain practical experience in how to set up a real photographic exhibition

MARKET YOURSELF: Nov 12th, 19th (Mon 6pm-9pm), & 25th (Sun 9am - 4pm)
Workshops for young people interested in selling hand made or other items at the local markets.

EBAY 101-103: Nov 7th, 14th (Wed 5pm - 9pm) & 29th (Thurs 5pm - 9pm)
Workshops for young people who are interested in selling hand made or other items on line.

WEB SET UP: Nov 3rd & 10th (Saturday 9am - 4pm) Workshops for young people who are interested in setting up a website for a business or interest

BLOG IT! Nov 21st & 28th (Wednesday 5pm-9pm) Workshops for young people who are interested in setting up a blog for a business or interest

PITCH YOURSELF: Nov 24th (Saturday 9am-4pm) A one day workshop designed to provide young people with business interests or ideas the skills to evaluate & pitch their idea

INDIVIDUAL MENTORING: Nov 7th, 14th, 21st & 28th (Wednesday 1pm - 4pm)
One-to-one, individualised support for young people who want to gain work experience or mentorship in their field of interest. Sessions can be booked in one hour blocks.



To enrol or get more information phone Stephanie Sims on (02) 66857777

**Police, Fire, Ambulance
Triple Zero (000)**

In an emergency

**Crime Stoppers
1800 333 000**

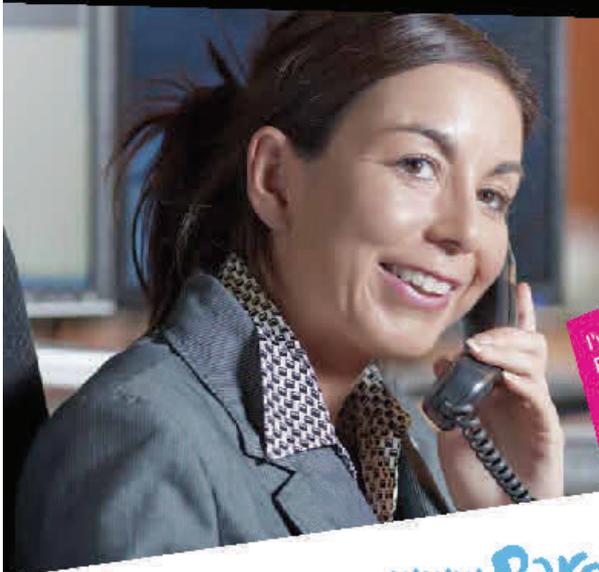
Report crime anonymously

**Police Assistance Line
131 444**

For non emergencies

ParentLine NSW

1300 1300 52



This is an important service. Parents are people too. Now that I have found you I feel the road will be easier. Thank you.

Without your help I would have no hope and the time.

I've been receiving support from Parent Line over the last couple of months. I've listened to what the counsellors said and things have worked out. You guys have turned a bad situation into an amazing opportunity.

My heartfelt thanks for the ongoing support from the counsellors; the help and advice is greatly appreciated and respected. I hope that the service doesn't disappear - at least until my children turn 18!



www.ParentLine.org.au
Free Professional Help for Parents and Carers 24/7

