

This school is built upon the Lands of the People of the Bundjalung Nation



Principals Message

2013 Staffing

Sadly next week will see the end of Ms Seymour's' career as she moves towards retirement. Ms Seymour has proven herself to be an extremely efficient, dedicated and capable educator. Her students have appreciated her interest in them as people as well as the high standards she has set in her classrooms and on the sporting fields. Ms Seymour's dedication to her profession and to Kadina has been outstanding. We appreciate the work she has done for this school, and for public education. You will be sadly missed at our school. As yet no-one has been appointed to her position but we anticipate a permanent person for 2013.

During the year, Mr Platt retired, with Ms Boyd being appointed to the position in Maths. Ms Boyd had previously worked at Kadina casually in the science faculty. Ms Boyd commences at the school on December 17th.

Ms Flatley retired in science with Mr Jeffrey Wilkes appointed to start at the beginning of 2013. Mr Wilkes currently teaches as Mungindi Central School in the New England region.

Although Ms Donnelly was not with us this year she did not retire until midyear with Ms Fryer currently on her teaching load. A permanent person will hold the English position in 2013.

Midyear with a restructuring of the Department of Education we had two new people appointed to our school in the position of Learning and Support Teachers, Ms. McKenzie who works 2 days a week at Kadina and Ms Burchall who works at Kadina 5 days a week. They have skills in working with students with learning difficulties and have been a great asset to the school.

Diary Dates

December 19

Last Day for students

January 30

First Day 2013 Yr 7, 11, 12
plus new enrolments

January 31

First Day 2013 Yr 8, 9, 10



CaKE

The work Mark Ippolito has done through the PaCE/CaKE program has had a significant impact on a number of students at Kadina as was recognised on Wednesday this week when 25 students received accreditation in a number of areas including refereeing, coaching, league safe and training. Congratulations to those students, to Mr Ippolito and to Mr Rose who has supported students in this program.



Newspapers in education.

This week we were successful in gaining three awards for the work the students contributed to the Newspapers in Education segment. Bridie Gray won the runner up for the best news story, and best photograph award, and Kaitlyn Pratten received runner up for her arts and cultural story. Congratulations to Ms Fryer and the students she has worked alongside over the year.

School Uniform

School Uniforms will be available at the canteen on Friday December 21st and Tuesday January 29th. During the school holidays it would be appreciated if parents and carers were to look at purchasing appropriate fully enclosed leather footwear in preparation for the 2013 school year.

Holidays

The final school day for the school year is Wednesday December 19th. The school year starts on Wednesday January 30th for Year 7, 11 and 12. The whole school returns Thursday January 31st. Please note students in Year 11 and 12 with no classes on the Wednesday need not attend on the Wednesday.

Have a safe and happy holiday and thank you for the support you have given Kadina High School over the school year. I look forward to an exciting 2013.

Ian Davies
Principal



Being a Kadina student means that you:

CARE FOR YOURSELF
CARE FOR OTHERS
CARE FOR THE ENVIRONMENT
CARE ABOUT LEARNING



YEAR 8 EXCURSION 2012

On Monday, December 4, forty five Year 8 students enjoyed the day at 'Wet and Wild' as part of their annual excursion.

After leaving at 9.15 am our bus arrived on the Gold Coast at 11.15am full of children looking forward to a day of fun. Students were provided by Kadina Staff with a barbecue and drinks at a low cost (well, heaps lower than the expensive junk food at the venue) and were very appreciative.

It was a warm humid day, not overly hot, which made for a very comfortable experience. Crowds and queues for rides were large but nowhere near the largest I have seen.

Later in the day the crowds thinned dramatically and many rides were fitted in between 3.00pm and 4.30pm. We were on the bus by 5pm and returned to Kadina at about 7.45pm into pouring rain which made unloading the bus very interesting.

Overall it was a great day. Congratulations to the Year 8s for their excellent behaviour and thankyou to Mr Dalli, Mrs Forsterling, Miss Willey as well as parents and carers who attended.

Mr Daniel Sassi
Acting Year 8 Adviser



Peer Support Leadership Training...

We are proud to announce our Peer Support Leaders for 2012/2013!! Twenty seven of Kadina's finest recently volunteered their time to complete two days of training and they are now... fully qualified Peer Support Leaders! These students will be involved in the Orientation Days coming up at the end of this year, two Enrichment Days and a weekly Peer Support Program in 2013. It is the first year that we have trained Year 9 and Year 10 students. They all developed social skills, communication skills, as well as gaining an understanding of empathy and working together. We had a great time working with all of them and we are confident that they will be outstanding Peer Support Leaders! Congratulations to everyone who completed the course and earned the Peer Support Foundation of Australia's Leadership qualification.

Thanks to all the staff and teachers at Kadina High School for their patience and cooperation... especially Mrs Anderson for tolerating our noise in the Library on Friday!

Ms Jude and Ms Rowan



Before



After

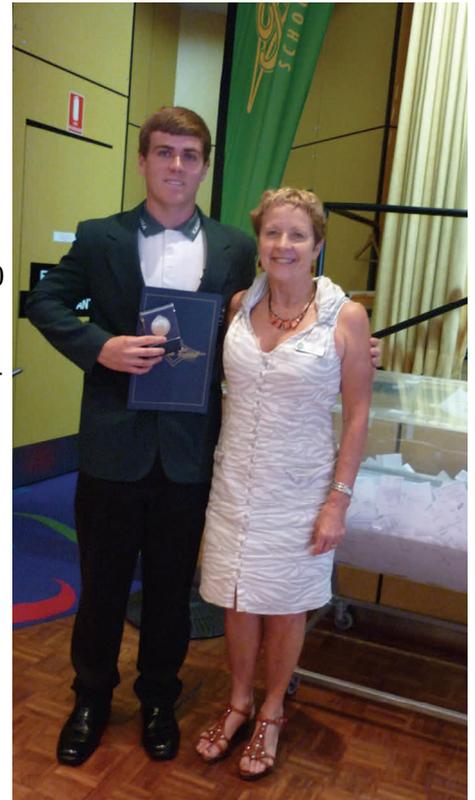
SPORT NEWS

NORTH COAST "BLUE" FOR BRAD HUGHES

Congratulations Brad Hughes (Year 10) who has been rewarded for his amazing achievements in Hockey this year with a North Coast Blue. This is the highest award you can receive at North Coast level. As reported in previous newsletters Brad was selected in TWO NSW Hockey teams this year! He was a member of the U16 All Schools team as well as the CHS (Combined High Schools) side. Brad was the captain of the North Coast team (a great honour especially as a Year 10 student in an Open team.)

It was my pleasure to be present at the North Coast Sports Awards on 3rd December along with Brad's parents to see him receive this prestigious award. Congratulations Brad and we all look forward to following your future career in Hockey.

Special Guest at this ceremony was Brodie Moir – an ex-student from Ballina High School who this year won the WORLD Iron Woman competition. A good example that with ability, commitment and determination you CAN make it to the top from a country High School.



SUCCESS IN RUGBY LEAGUE FOR JAMIE SAUNDERSON – YEAR 10

Jamie has been selected in the Far North Coast Academy Squad for 2013 in Rugby League.

43 Boys have been selected from Grafton to Tweed Heads. Congratulations Jamie – we know you will enjoy the challenges of this programme and we look forward to watching you grow and develop as a Rugby League player. Work hard!

PHYSICAL CULTURE CHAMPION – LUCINDA GRAY – YEAR 9

Luci Gray has recently returned from the National Championships in Physical Culture for the 14 years Age Group. In the Zone Championships Luci finished 3rd and went on to the Nationals where she finished in the Top 30 competitors! Congratulations Luci! I asked Luci what she enjoys about Physical Culture and she said she loves this kind of exercise, the bonding with the teachers and the other girls. Another advantage Luci said, is that you are constantly meeting new people through the different competitions. Congratulations Luci! A great result for you!

Mrs Jenny Seymour
PDHPE Co-ordinator/Sports Organiser



Year 7 Sports Gala Day

The 21st of August this year saw Year 7 students from Kadina High School attend their Sports Gala Day at Evans River Community School. The day is designed to give junior high school students the opportunity to participate in an inter-school sports program that encompasses all schools within the area. Schools enter teams of junior students that are in turn coached by selected students from the senior school's PASS classes.

Kadina had teams entered in a variety of sports, including basketball, soccer, netball, volleyball and touch football, pitting their wits and skill against outfits from Lismore HS, Richmond River HS, Casino HS, Evans River CS, Alstonville HS and Maclean HS.

Good results were produced by the Kadina girls' basketball team, who managed to win a total of three out of their four games, seeing them as runners up for the day to a class act from Lismore High. The day however, belonged to Kadina's boys touch team, who went undefeated thanks to a skilful and well-disciplined squad coached by Mr Michael (Southern Cross University) and Joshua D'Arantes from Year 10.

A special thanks for the day has to go to those who worked tirelessly behind the scenes to put together such a successful event. These people include:

- Sonya Price & Jennifer Hart (Evans River CS) – Event Organisers and Venue coordinators for the day
- Janine Russell – Year 7 Adviser
- Jennifer Seymour – Zone Sports Organiser
- Kirsten Rowan, Ian Michael, Irene Clarke, Michael Pickard – Supervising Staff

It was a fantastic day in which students from Kadina represented themselves with distinction and followed the school's motto in achieving success with honour.

Gus Moncrieff
School Sports Coordinator



Far North Coast Beach Volleyball Gala Day

The 26th of October this term saw Kadina High School sending students south to participate in the annual FNC Beach Volleyball Gala day. The event was hosted at the southern end of Seven Mile Beach in Evans Head – an exceptional venue catered for by the Evans Head SLSC. Sonya Price and Phil Cook from Evans River Community School had provided an outstanding set of courts for the day with staff from attending schools acting as referees and marshals. Kadina fielded a squad in each division, consisting of a Senior Boys, Senior Girls, U'16 Boys and U'16 Girls who took on teams from across the Richmond Zone. The day saw mixed results, seeing both the senior teams suffering from early losses. They demonstrated a degree of resolve though and went on to win their remaining games. The U'16 boys performed well, winning a total of two out of three games that saw them make their division final. The U'16 girls were not so lucky, failing to win any of their games despite pushing out each match to a third set. The day itself was a huge success with the weather remaining clear and games finishing in time before the court space became victim to the incoming tide. Our student's behaviour on the day was also exemplary – something that was commented on positively by members of the public and staff from other schools and made me proud to have the privilege to attend such a day.

Gus Moncrieff
School Sports Coordinator/Beach Volleyball Coach





Far North Coast Futsal Gala Day

Term 3 this year has been a busy time on the school sporting calendar – chock-full of gala days across a variety of sports. Tuesday the 28th of August was no exception in which the Far North Coast held its annual Futsal Gala Day, hosted this year at Evans Head Community School.

Kadina outfitted itself well, entering a total of four teams in the U'14 and U'16 age divisions that played teams from across the region in a round-robin format. Each team produced some admirable results with the boys U'14 and U'16 teams making it to their prospective finals. Unfortunately both went down, the U'14s to Maclean HS and the U'16s to a particularly sharp and skilful outfit from Alstonville HS in what were two very entertaining games.

Special thanks must go towards those who invested the time and energy required to produce such a wonderful event. Without their efforts, opportunities such as these would simply not be available and so the following people are to be acknowledged:

- Sonya Price & Jennifer Hart (Evans River CS) – Event Organisers and Venue Coordinators for the day
- Jennifer Seymour – Zone Sports Organiser
- Luke Wigmore – Team Coordinator and Coach

Gus Moncrieff

School Sports Coordinator



Winners are Grinners!

'Kadina Query' - This year's entry into the Northern Star's Newspapers in Education (NIE) Competition came away with a swag of prizes at the Northern Star Awards Ceremony held on December 10th, thanks to the talent in this year's journalism team.

The Kadina Query Editor was James Van Den Bogert, whose job was to ensure everyone in the group organised their articles and met their deadlines for publication. The team consisted of Jordan Lees, Bridie Gray, Kaitlyn Pratten, Cheryleen Finlay and Jessica Thornton.

Articles were submitted under specific categories including: Sport, Environment, Arts and Culture and Community. The students were excited and delighted to find all their efforts had been rewarded.

Bridie Gray was particularly excited to discover that her contribution had earned her two awards. One award was for being Runner Up in the 'High School Best Story' Category entitled, "Drowsy days in School". Bridie was commended on her relevant research and her choice of topic.

Not only is Bridie an excellent journalist, she is also a talented photographer winning 'Best Photograph' with her supporting photograph entitled, "Drowsy Days" which had a close up of Alinta Cullen asleep at her desk.

Kaitlyn Pratten was also lucky enough to win Runner Up in the 'Best Arts and Culture' Category with her story "Ma Baker's tonic hits the Spot".

"As the organising teacher, I was proud to see them do so well. They are a lovely group of students, who willingly put up their hands to participate in extracurricular activities like this competition and deserve to do well." Mrs Fryer said.

They have won over \$400 worth of money and gift vouchers. They will be big shoes to follow in. Congratulations!

Jan Fryer

NIE Coordinator



Kadina Goes to the Coast

Term 4 this year has seen Kadina High School students make a move towards the water. In a change from their regular sport options, students have also been offered surfing and fishing for School Sport. It has been seven years since Kadina students have been able to pursue surfing as a sport and this is the first time that fishing has been on the sport option menu.

With these unique sports there has also come a degree of responsibility for those students involved. For surfing, students have had to demonstrate their proficiency in the water by undertaking both a still and open water swimming exam. These exams require students to be able to swim a certain distance under a set time in both a pool and open-water setting. They've also had to undertake a series of lessons on surf survival, making them eligible for an Australian Surf Survival Award – a mandatory requirement in NSW schools for students seeking to undertake ocean-based activities.

Due to Kadina's inland location and the small group of students who have reached proficiency, the school has formed an LCOS-based initiative with Lismore High School. Luke Wallace from Lismore High School has been an outstanding contributor to this in providing transport and supervision for our students in this endeavour and special thanks goes to him for his efforts.

On the fishing front, Kadina has shown that it is a school full of budding anglers. Students are taken via bus to the Wilson River for an afternoon of patience, skill and determination on the wharf outside the Lismore Canoe and Kayak Club. In addition to trying to catch their dinner, students are given the opportunity to learn about the area's local freshwater and estuarine ecology from the school's resident biologists Justine Jacob and David Gray.

The afternoon often sees students catching a multitude of species, notably eel-tailed catfish, dusky flathead, silver bream and even the occasional pig-nosed turtle. Of particular note was the landing of a rare and endangered species – the Eastern Freshwater Cod. The fish was measured and released before having these details entered into the NSW fisheries online database as part of the conservation effort to persevere this native species.

Gus Moncrieff
Sport Coordinator



The Eastern Freshwater Cod





Crime Time

With Senior Constable Kim Mewing
Your School Liaison Police Officer

Hi everyone. I am the School Liaison Police Officer. The topic for this week is:

ROCK AND PROJECTILE THROWING

Throwing objects at vehicles has been proven to be an offence capable of serious injuries and sometimes death.

It is an offence to intentionally throw an object at, or drop an object towards a vehicle or vessel on any road or related area or waters where there is a person in the vehicle.

Penalty: Up to 5 years imprisonment.

A person who, in the company of another person or persons, recklessly causes grievous bodily harm to any person is guilty of an offence. (This can happen when you throw a projectile at a vehicle whilst with your friends.)

Maximum penalty: Imprisonment for 14 years

Remember to take care when crossing a road or walking near a road.

Say 'NO' to rock and projectile throwing!!

Lismore Region's Quality Swim School



SCHOOL HOLIDAY INTENSIVE SWIMMING LESSONS

at GSAC & LMB

BOOKINGS NOW OPEN!

Week 1: Monday 7th - Friday 11th January
Week 2: Monday 14th - Friday 18th January
Week 3: Monday 21st - Friday 25th January

Time:

Goonellabah: 8.00am - 11.00am
Lismore: 8.30am - 12.30pm
(30 minute classes)

- Improve swimming in a fast and effective way
- Quality structured program
- \$60 per week or \$140 for all 3 weeks

Phone: **GSAC** 6625 5370 or **LMB** 6621 6166 • www.gsac.net.au

Goonellabah Sports and Aquatic Centre



Dates

Week 1: Thu 20 December - Fri 21 December
Week 2: Wed 2 January - Fri 4 January
Week 3: Mon 7 January - Fri 11 January
Week 4: Mon 14 January - Fri 18 January
Week 5: Mon 21 January - Fri 25 January

Time

Full Day: 8.00am to 6.00pm \$50
Morning: 8.00am to 1.00pm \$30
Afternoon: 1.00pm to 6.00pm \$30

Child Care Benefit Approved

Splash & Sports is a **fun-packed** vacation program that will keep the kids entertained, active and happy during the school holidays. **Supervised activities** to suit children aged 5 to 12 include: Zumba, fit boxing, futsal, pool games, crafts and much more.

Phone: 6625 5370 Web: www.gsac.net.au



SUMMER READING CLUB
www.summerreadingclub.org.au

Win an iPod Touch!

Join the Summer Reading Club at the public library this holidays, read 10 books (or 1000 pages if your books are long) and enter for your chance to take home one of 4 iPods!

REGISTER NOW
Find your nearest branch at www.rtrl.nsw.gov.au
open to ages 0-18 years

© State Library of Queensland

Australian Library and Information Association
PUBLIC LIBRARIES

SL State Library of Queensland

Queensland Government

School Carnival Clinics

@ Lismore Memorial Baths

Dates

1: Monday 7 January - Friday 11 January
2: Monday 14 January - Friday 18 January
3: Monday 21 January - Friday 25 January
Carnival Practice Night: Friday 25 January
from 6.00pm to 7.30pm

Times

4.00pm - 6.00pm
Optional Extra Sessions: Tuesday and Thursday, 6.00am - 7.30am

Info

- Get ready for your school carnival
- All strokes and racing starts
- **Make sure you book in your free swim assessment before booking**

Prices

\$35 per week or \$100 for all 3 weeks

More Information

GSAC 6625 5370 • LMB 6621 6166
www.gsac.net.au



Communities
Sport & Recreation

Office of Communities - Sport & Recreation

School Holiday Activities

North Coast Region



Lake Ainsworth Activity Days

(7-13 yrs) A fun filled day of activities which may include canoeing, swimming, archery, rock climbing, bike riding and much more at the beautiful Lake Ainsworth Centre.

Lake Ainsworth Centre, Lennox Head

Mon 14, Wed 16 and Fri 18 January 2013

9am – 4pm daily

Cost \$55 per day

Sailing for Beginners

(10-14 yrs) A fun introductory opportunity for children to learn sailing with qualified instructors. Children will learn rigging and sailing techniques, as well as safety and teamwork on a Hobie Bravo. Participants will have plenty of opportunity to practise their new skills on the day.

Lake Ainsworth Sport and Recreation Centre

Tues 15 January 2013

9am – 4pm

Cost \$55

Sailing Regatta Day

(10-14 yrs) This program is for those who have previously completed the Sailing for Beginners program. Children will learn more advanced sailing skills such as how to use a tiller extension, how to skipper a small boat, various angles of the wind, basic race rules and tactics followed by a short race around an "Olympic" course.

Lake Ainsworth Sport and Recreation Centre

Thurs 17 January 2013

9am – 4pm

Cost \$55

Surf Clinic (Level 1)

(8-15 yrs) If you want to learn to surf or simply brush up on your existing skills, this is the perfect program for you. Learn about safe surfing, skill development, rips, currents and surfing etiquette.

Lake Ainsworth Sport and Recreation Centre

Mon 14 and Tues 15 January

9am – 4pm daily

Or

Thurs 17 and Fri 18 January

9am – 4pm daily

Cost \$130

Surf Clinic (Level 2)

(8-15 yrs) If you have previously completed the Level 1 Surfing program and are looking to improve on your surfing skills, then come and join us as we take you through wave selection, turning and dismounting correctly, paddling and catching unbroken waves.

Lake Ainsworth Sport and Recreation Centre

Mon 21 and Tues 22 January

9am – 4pm daily

Cost \$130

Get Hooked on Fishing

(8-14 yrs) Learn the basics of fishing and experience the excitement of landing the 'big one'. This program is a fishing workshop run by the Department of Primary Industries teaching children fishing rules and regulations, safety, fish anatomy and habitats and how to bait, rig and cast. Participants will receive a fishing pack containing: Shimano rod, reel, tackle box, hat, shirt and other fishing related items.

Meldrum Park, Ballina

Mon 21 January 2013

9.30am – 2.00pm

Cost \$45

Come and Try Rugby League

(7-13 yrs) This is an opportunity for boys and girls to come and try Rugby League with qualified coaches from the NRL. The day will include skill activities focusing on passing, kicking and the use of tackle bags. Children will also be challenged with some fun games and receive a football at the end of the day.

Lake Ainsworth Sport and Recreation Centre

Wed 23 January 2013

10.00am – 2.00pm

Cost \$15

How to enrol

By phone: Call 13 13 02 and have your credit card details ready (Visa, MasterCard).

By fax: Complete the enrolment form, include your credit card details and fax to (02) 9006 3888.

By mail: Complete the enrolment form and send to: Client Service Centre, Locked Bag 1422, Silverwater NSW 2128