

~Kadina News~

No 17 Term 3 — 15th November 2013

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Principal: Mr Ian Davies

This school is built upon the Lands of the People of the Bundjalung Nation

Principal's Message

Year. 12 Formal

Sadly we farewelled our current Year 12 students on Tuesday night as they held their Formal at the Lismore Workers Club. It was an emotional affair but at the same time an exciting event.

Thank you to all the staff who supported Mrs Sally Champion in the planning, setting up and packing up of the event and to Mr Wade for Chairing the event, to Mr Sassi for his response on behalf of the staff and to Mr Alan Foster for his kind words representing the parents. Year 12 students Taylor, Vienna, Daniel and Eleena each spoke and the school is very appreciative of their comments and support they have given the school.



Diary Dates

20 Nov
Celebration Assembly
25 Nov
Yr 11 RRISK SCU
25-29 Nov
Yr 10 Work Experience
28-29 Nov
Yr 7 2014 Transition Days
2-6 Dec
End of Yr Excursion Week
18 Dec
Students Last Day for 2013



Uniform

The school canteen has new stock in preparation of the new school year. The current prices are:

Green tops \$32
White tops \$32
Green skirts \$ 28
Black shorts \$20
Long pants \$30
Woollen jumpers \$58
Polar fleece jacket/ Ski jacket \$35.

All money raised through the sales of school uniforms is used by the P&C to fund school initiatives. For example in 2013 through monies raised the school was able to purchase a new overlocker for TAS, AFL jerseys, Rugby League jerseys, a 24 channel sound mixing desk and speakers for CAPA, Technology for Visual Arts, and the Launch class, 80 electronic kits for Science, and 2014 School Captain blazers. The P&C also supported students financially for state sport representation and leadership programs. Other support programs include AIME, and the Chrysalis program. With funds raised through the sales of uniform the school canteen is also able to keep food costs to a minimum. Purchasing alternative clothing through retail shops in town limits the fundraising capacity of the P&C and would limit the funding options in 2014. We actively encourage you to purchase the appropriate clothing through our canteen.

Ian Davies
Principal

Being a Kadina student means that you:

CARE FOR YOURSELF
CARE FOR OTHERS
CARE FOR THE ENVIRONMENT
CARE ABOUT LEARNING



REMEMBRANCE DAY

School Captains for 2014 Jordan Lees and Jessica Kent represented the Staff and Students of Kadina High School for the Commemoration of Remembrance Day on Monday 11th November by laying a wreath and leading the 'Prayer for the Nation' at The City of Lismore RSL Sub Branch located near at the Memorial Baths. The Prayer centred on giving thanks for the peace and security we enjoy in Australia today and acknowledged the fact that our freedom was won at such a grave cost. We were also proud to have one of our Kadina students Sarah Mee represent the Junior Cadets as part of the Remembrance day Ceremony.



CLOUDIA CAMPTON FUNDRAISER

Cloudia Campton of Year 8 is raising funds to purchase a small gift for patients and their families of the two local hospitals 'Lismore Base' and 'St Vincents'. Unfortunately, Cloudia lost her mother very suddenly 15months ago and is all too familiar with the devastation this can cause.

In memory of her mother she is going to use the funds raised to purchase flowers and gift cards to give to patients, families and friends as a way of acknowledging the difficult time they may be experiencing and to develop community awareness.

She has picked the 5th of December to do this as it was her mother's birthday and Cloudia feels this is a positive way in which she can celebrate her mums life.

Over the next month Cloudia will be having a chocolate drive through school, a gold coin donation day on assembly and an ice-cream day through the canteen.

We appreciate all donations and any support the school community can give Cloudia towards her cause.

Janine Russell, Relieving Student Welfare Head Teacher

GRIP LEADERSHIP CONFERENCE

Four students from Kadina High School's SRC were invited to attend a Leadership Conference at the Tweed Heads Cultural Centre along with other SRC representatives from neighbouring schools. It was an inspiring day that allowed the students to build on their strengths and interact with other students while generating ideas about how a leadership team could practically apply their leadership skills in the school community. The students interacted in numerous skill building games, danced, shouted and viewed multimedia seminars which focussed on inspiring people of our time.

The core values of a Good Leader that the Conference encouraged are;

GENEROSITY – The willingness to use what you have been given (time and resources) on behalf of those you seek to influence.

RESPONSIBILITY - We all have a responsibility to develop what we have and help others to live well.

INTEGRITY - A commitment to truth and honesty in dealings.

PEOPLE - Every human being is of great significance, and has a purpose to fulfil.

Mrs Kim Forsterling, SRC Coordinator



PINK DAY

The SRC organised a fun and festive 'Pink Day Morning Tea' at recess to raise awareness and money for The National Breast Cancer Foundation. The SRC filled the canteen area with pink decorations, cupcakes, watermelon, and creaming sodas while the reps painted their fellow students with glow in the dark pink ribbon tattoos, pink hair designs and pink crystals. Our Teacher's Aid, Debbie Miller also put on a Pink Morning Tea for the staff. Thank you Debbie, and the staff and students of Kadina for supporting a worthy cause and generating close to \$1000 for the National Breast Cancer Foundation!

Mrs Kim Forsterling, SRC Coordinator



BASKETBALL NEWS

This year the Boy's u/15 basketball team experienced success as local zone champions after defeating Ballina High School at the end of term 2 in the zone final. The boys were very committed and trained throughout school sport for the year. It was a mixture of first time basket ballers and some experienced representative players, who came together to create a formidable young team.

On the 17th and 18th of October the team travelled to Armidale to play off for a position in the top 16 of the state. Special thanks goes to Tammy Moss and her mother Helen for their efforts driving some of the team down and staying the night. It is efforts like this that mean school representative sport can continue. The 10 boys were all extremely well behaved and a pleasure to take away, truly representing the school in an admirable way. Even though they were delayed an extra couple of hours in Armidale they were all very patient and exhibited exemplary behaviour.

We played Armidale High School in front of their home crowd and were defeated by an excellent team. Our boys kept playing with great spirit against a talented opposition who defeated Kadina by 22 points. It was a great effort by the team who was gallantly captained by Dylan Moss who produced an outstanding game.

I think that we can build on this campaign and produce an excellent senior Team over the next couple of years.

Mr Mick Waugh, Coach



Thanks to these amazing local businesses for supporting our boys basketball team in 2013



REDUCE RISK - INCREASE STUDENT KNOWLEDGE

www.rrisk.com.au

RRISK Seminar 2013

Year 11 students are invited to attend this year's RRISK seminar. 59 high schools from across the North and Mid North Coast will be attending RRISK at the following venues and dates.

RRISK seminar dates

Port Macquarie	Panthers Auditorium	7 and 8 November
Coffs Harbour	Southern Cross University	14 and 15 November
Kempsey	Melville High Community Hall	20 November
Lismore	Southern Cross University	25, 26 and 28 November
Tweed Heads	Twin Town Services Club	5 and 6 December

RRISK (Reduce Risk Increase Student Knowledge) encourages students to:

- Know the facts
- Be aware of the risks
- Make informed decisions
- Plan ahead
- Look after your friends

This is the 15th year that the RRISK Program has been running on the Far North Coast and the 7th year the program has been offered to schools in the Mid North Coast. If your teenager is in year 11, please encourage them to attend.

Free presentation for parents, teachers and anyone who works with young people

Paul Dillon, Director of Drug and Alcohol Research and Training, Australia is keynote speaker at the RRISK Seminars. Paul works with young people in Australia and internationally and is regularly invited by the media to provide expert commentary on alcohol and drug issues. Paul will give a free presentation for adults on the latest evidence and how to communicate effectively with young people about alcohol and other drugs.

Port Macquarie	Panthers Club	7 November	4.00-6.00pm
Coffs Harbour	Southern Cross University	14 November	4.00-6.00pm
Kempsey	Melville High Community Hall	20 November	4.00-6.00pm
Lismore	Southern Cross University	26 November	4.00-6.00pm
Tweed Heads	Civic Centre	5 December	4.00-6.00pm

Look for information about the RRISK Program including the full evaluation reports at our website www.rrisk.com.au

SICKNESS PROCEDURE

If a student becomes sick at school they should:

1. First inform their teacher or any teacher if in the playground.
2. The student should then report to the main office with a note and
3. If necessary parents may be contacted. It is policy that parents are contacted, and asked, where possible, to pick up their child.

Updated information

Do we have your current contact numbers?
Please ensure we have your current details so we can contact you in cases your child becomes ill or injured.

Uniform Pool

If you have outgrown school uniform tops and jumpers, the school can take them off your hands to place in the school uniform pool.
Just drop them off at the school canteen.
Your support is appreciated!

COMMUNITY NOTICES

Open Talent Workshop: 20-24/1/14 Sydney Entertainment Centre. \$600 Ages 14-23. www.tdp.org.au/call Robyn Philpot 93204221

Second Hand Saturday: 16th November, register your garage sale online at www.secondhandsaturday.com.au.

Audition Bootcamp: Bringing Australia's most respected music theatre professionals and Australia's favourite TV talent stars to teach you the secrets to success in your auditions. Week one TV Talent Competitions 13 - 17 January 2014, Musical Theatre 20 - 24 January Register at www.queenievandezandt.org

Camp Quality Golf Day: Sunday 1st December at Ballina Golf Course Limited teams – book early to reserve your place! Phone - Bill Keenan on 0402 098 553

Griffith University: Researchers at Griffith University want to learn about children's experiences of living and learning as a person identified as having a disability and as being gifted - twice-exceptional children. This research study is for children/teen aged 9 - 17 years and their parents. To express interest in taking part in this research study or for more information please contact Michelle Ronksley-Pavia via email m.ronskey-pavia@griffith.edu.au

PCYC Community Fun Day: Saturday 16th November 9am to 2pm, Lismore PCYC Dawson Street, Lismore. Markets Stalls, Lucky Door Prizes, Face Painting, Family Entertainment, Live Music and Sausage Sizzle. All proceeds go the PCYC.



Have you thought about your work or study options for 2014?

TAFE courses for 2014 are available now at Ballina, Wollongbar, Lismore, Casino and Kingscliff Campuses

Courses are available in the following industries:

Community Services - Children's Services, Mental Health, Fitness & Nursing

Construction - Carpentry & Plumbing

Creative Industries - Performance Costumes, Fashion Design & Technology

Hair & Beauty - Massage, Nail Technology & Hairdressing

Primary Industries & Natural Resources - Agriculture & Horticulture

Maritime -

Tourism, Hospitality & Events - Events Management, Aviation, Cookery

Please note: these are only a few of the courses on offer and the full list can be found on our website

If you would like to discover your pathway to your studies with TAFE, you can 1) book in a free session with our careers advisor on (02) 6681 8900 2) Search www.northcoast.tafensw.edu.au or 3) call Ballina TAFE on (02) 6681 8900 to hear about the courses TAFE offers and those that are on offer in your area.



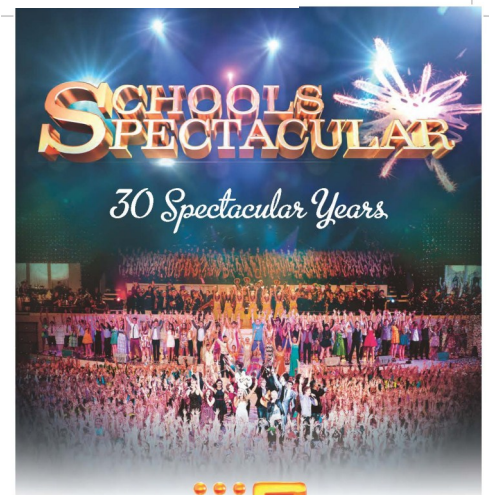
HERE'S YOUR FIRST BRIEFING.

From logistics, administration, trades and management to engineering, medicine and health, there is an abundance of roles for women in the Australian Defence Force. Hear from women already in the Australian Defence Force about what life is really like in the Navy, Army & Air Force. Discover the benefits of a Defence career, including information on education, training, leave and travel.

Attend the upcoming Women in Defence information session to see where career in the Australian Defence Force can take you. **Monday 25th of November at 6pm (AEST), Defence Force Recruiting, Coolangatta Corporate Centre, Cnr Griffith & Warner Streets, Coolangatta.**

To book your seat email nwenberg@dfc.com.au or call us at 07 5569 3900.

DEFENCE FORCE RECRUITING



PROUD BROADCAST PARTNER

Saturday 30 November

Replay Sunday 1 December Catch Up jump-in.com.au
www.schoolsspectacular.com.au

Parents Count Too

Helping your child with – Measuring temperature and time

For children to make sense of measurement, we need to show how measurement is used in practical situations. We also should encourage the language associated with measurement, by talking about:

- things that we can measure
- things we can use to measure, and later
- the units we use to measure things, such as minutes and hours or degrees.

How do children learn to measure temperature and time?

Children need opportunities to compare two or more things to understand measurement. To understand temperature they need to compare two things to measure the “hotness” or “coldness” of a substance. They need to see and talk about how temperature can affect things as well as the ways we can measure temperature.

Initially, children will learn about time through using language such as *yesterday*, *today* and *tomorrow* and through comparing the time it takes to complete activities. *I can clap my hands three times while you throw a ball in the air and catch it.*

Later, children will read the time from both digital and analogue clocks.





Parents Count Too

What can you do at home?

- Talk about events in terms of time. For example, *It's going to take about three minutes to cook this, so you might have time to butter some bread.*
- Look for different kinds of clocks and watches in the house. Ask your child if they are analogue or digital.
- Have your child help you set a kitchen timer or an alarm clock.
- Record special events on a calendar and talk about how many days or weeks before the event.
- Watch athletics and swimming events and talk about the times the athletes are achieving in the events.
- Locate the “use by” dates on groceries and discuss how many days left before the item should be used.
- Have your child help you read bus and train timetables when using public transport or read the arrivals and departures board if at the airport.
- Look at parking signs and discuss the time restrictions when parking the car.
- Have your child help you put the correct money in parking meters and talk about the amount of time before the meter runs out.
- Read the instructions on food and drink packages to see the recommended temperature for storage.
- Ask you child to pack and make a label with the “use by” date for meat or cooked foods that are to be frozen.
- Talk to your child about how temperature will change foods and drinks while you are cooking. *What's going to happen to the water when we put it in the freezer? See what happens to the chocolate in the saucepan when I put it on the warm stove.*

Parents Count Too



- Watch the weather report together and talk about the predicted temperatures. Ask your child what they might need to wear or have with them.
- Look at trees in your neighbourhood and talk about how the trees change with the seasons.
- Find different types of thermometers and talk about how they are used.
- Measure the temperature of bath water before your child steps into the tub. Talk about the water being too hot, too cold or the correct temperature for bathing.
- Talk about safety issues regarding household items that can be very hot such as the stove, iron or heater.
- Share books that are based on temperatures or seasons. A well known event or celebration, such as Christmas, could be compared to the same event in cold climate countries.