

Kadina News

Issue 15 Term 4

16 October 2014

We would like to respectfully acknowledge the Elders past and present of the Wiyabal Wiyabal people and other peoples of Bundjalung Nation. We acknowledge that they are the first peoples of this land on which our school stands.



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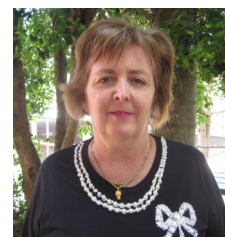
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PRINCIPAL'S MESSAGE

Staffing

Kadina High School would like to welcome Mrs Vicki Fitzpatrick to our school. Mrs Fitzpatrick has taken up the position of Teacher Librarian. She has a wealth of experience not only in schools but also in TAFE. Mrs Fitzpatrick started at Kadina on Monday October 13th.



As announced last term Mr Matthias accepted an Executive position at Kingscliff High School commencing the beginning of this term. Mrs Russell will relieve as Head Teacher Welfare for the remaining of 2014, however I can announce Mrs Penny Fields has been appointed into the position commencing 2015. Mrs Fields substantive position is Head Teacher Welfare at Walgett High School, however she has been relieving Deputy Principal at that school for the past 18 months. Her faculty area is HSIE.

Our Deputy Principal Mr Farrell retires this week. Mr Farrell started his teaching career in 1977 and has been a member of the Kadina High School staff since 1986. His commitment to Public Education during his time with the Department has been outstanding. He has proven himself to be an extremely efficient, dedicated and capable educator and leader. The role of Deputy Principal is a diverse and demanding role and Mr Farrell has done an outstanding job. On behalf of the Kadina school community I acknowledge his work and wish him all the best in his retirement.



Central Schools Support and Collegiate Day- Kadina High School

Kadina High School English faculty are holding meetings with staff from local Central schools to provide support for the new National curriculum in the English Key learning Area. During the day the following topics will be covered--

- **Overview of Kadina Pathways for Year 12 English Standard, Studies and Advanced**
- **Overview of Year 11 Pathways and 7 - 10 National Curriculum Scope and Sequence**
- **Identifying Common Needs and Developing Resources for Sharing**

This is a fantastic initiative to ensure staff at local central schools are equipped and skilled for the National Curriculum. Mr Waugh and Mr Flannigan from our school are to be congratulated.



**Mr Davies
Principal**

DIARY DATES

23 & 24 October

Drama Excursion

28 & 30 October

Love Bites Yr 10

30 October

SRC Social

11 November

Yr 12 Formal

26 November & 3 December

Yr 6 Orientation

FAREWELL ASSEMBLY



MENTAL HEALTH WEEK

Mental Health Month is celebrated in October each year with the first week of the month being nationally recognised as 'Mental Health Week'.

As a school we have a student committee who have been committed to promoting awareness of mental health in Australia and talking on assemblies to students about where to get help locally if they feel they need someone to talk to. It was this group of students who organised 'Tommy Franklin' from 'You Tube' and 'Australia's got Talent' fame to visit Kadina on Friday the 10th October.

Tommy experienced bullying in his school years and as a result suffered from low self-esteem and eventually depression. He told the students he always felt like he never 'fit in' anywhere and didn't have any true friends. Tommy explained to the students that he was a bit lost for a while and turned to drugs and alcohol. After a near death experience, he found his feet and realised he was the only one who could make his life more positive. He did this by getting off the drugs and alcohol and seeking a different perspective. The way in which he expresses his gratitude is mostly by dancing. Some of the strongest messages that he spoke of were :

- Accept the imperfect you
- Be generous with your words
- Appreciate the people in your life

After finishing his motivational talk with some of his famous dancing, his quote at the end was:
"I'm free to be me and so is everyone else"

Ms Janine Russell, Head Teacher Welfare



Uniform Pool

If you have outgrown school uniform tops and jumpers, the school can take them off your hands to place in the school uniform pool.

Just drop them off at the school canteen.

Your support is appreciated!

A NOTE FROM MS J IN THE USA

Landed in Salt Lake City on Monday. Strangely quiet and calming due to the Mormon influence which dominates the city. The temple precinct had beautiful architecture, fountains and gardens. Snuck in to the Tabernacle on Tuesday for 5min to listen to the pipe organ recital. Amazing acoustics.

From there to pick up our Cruise America RV. Whoa..... tricky exiting a major city on the right side of the road in an oversized vehicle!

Next day started our Yellowstone adventure. It's been absolutely stunning - weather, scenery, wildlife. The temperature has been way above average. Hiked Mt Washburn yesterday - about 4 hours return to over 3000m. Spectacular views across the park.

Last night we stayed in Gardiner, Montana - a mini wild west! We had fun in the Blue Goose Saloon. Back in to the park today for more geysers but light rain has set in.

Ms Virginia Johnstone, CAPA Teacher



STRENGTH PROGRAM

Well done to all the boys who graduated yesterday from the Year 7 Strength Program at Summerland House. The program has been a great experience for all involved and has shown year 7 boys living up to our motto, 'Success with Honour'.

Go team!

Jesse Flanagan, Year 7 Student Advisor



COMMUNITY NOTICES

EMPOWERING U: World Class Course for 14-25 year olds Ballina 21 - 23 Nov 2014. Learn Advanced Living Skills: Goal Setting, How to manage emotions, Breaking through barriers, Money skills and wealth building, 6 Steps to career success, Communication, family and relationships. Don't miss out. Only \$50. Enrol not at empoweringlocalyouth.com.au or phone Tim 0412 734 454

BEXHILL PUBLIC SCHOOL TRIVIA NIGHT SAT 25TH OCTOBER AT BEXHILL HALL: Cruise Ship Theme. Come on board for a night of trivia, fun and games. \$10.00 per person - Tables of 10. BYO drinks and nibbles. To book a table (or seat/s) call Bexhill Public School on 66284223 – 8.30am – 4.00pm.

YOUTH CONNECTIONS COMPUTER CLUBHOUSE: Is an innovative, Creative, out of school learning space for 12 - 18 year olds, located at Lismore Conservatorium of Music, Keen St Lismore. For more information contact Youth Connections on 6622 3143 or YCNC@YCNC.com.au

BONES TENNIS COACHING: Goonellabah RSL Sports Club Tennis Courts Mon - Sat. For further information/ bookings contact Brendon Moore 0432 531 156 or email frog188@hotmail.com

WILLS FOR LIFE: Australian Red Cross has arranged a special offer with local solicitors to prepare a simple Will from \$75. Lismore Friday 17th October 2014 10am - 2pm by appointment only. To book please call 1800 811 700.

NORTHERN RIVERS SHUKOKAI KARATE: For class times contact Barry 66250091 or David 6622 5961

DENTAL HEALTH CLINICS: Dental treatment for children under 18 years of age is free at NSW Public Dental Health Clinics. Services include routine dental examination and general dental treatment. Phone for an appointment 1300 651 625 press option 2.

JUNIOR TOUCH: Friday afternoons from 4pm, Term 4 2014 and Term 1 2015. Cost \$65 per person. Information nights 5th & 12th September. Contact Tim Laverty 0428 636 175

WOLLONGBAR PUBLIC SCHOOL FETE: Saturday 1st November 9 - 2pm. Prepaid ride passes from the School Office 7th October \$25 (\$30 on the day)

CAR RALLY: Sunday 26th October Cost \$20 per car, \$2 per sausage sandwich, \$2 Soft Drink. We are encouraging all of our Tregeagle Community to come along plus we welcome anybody and everybody from everywhere to join in. Registration 9.00am – 9.45am at Tregeagle Oval. Car Rally starting flag will fly at 10.00am Text or Call Sherilee 0414 442533