

# Kadina News

Issue 18 Term 4  
27 November 2014

*We would like to respectfully acknowledge the Elders past and present of the Wijabal Wiyabal people and other peoples of Bundjalung Nation. We acknowledge that they are the first peoples of this land on which our school stands.*



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## PRINCIPAL'S MESSAGE

### Student Award

Year 12 student Kaleesha Rhodes recently received a 2014 North Coast Aboriginal Education Award – Student Award – Outstanding Student Participation, for her commitment to raising awareness of the culture of Bunjalung people within our school community. Pictured are Kaleesha with Kadina High School's Aboriginal Education Officer, Mrs Irene Clarke, and a photograph of the Award.



### 2015 Staffing

With several staff retiring we will have a number of new staff in the school in 2015.

Mr Bradd Farrell, Deputy Principal recently retired. Mr Robert Townsend, currently Principal at Gulargambone Central School has been appointed to the position and will commence at the beginning of 2015.

Mr Matthias moved to Kingscliff High School. The new Head Teacher Welfare is Mrs Penny Fields, currently Head Teacher Welfare at Walgett High School. Mrs Fields is a HSIE teacher and will take over the teaching load created by the retirement of Mr Doust. This means a new PDHPE teacher will be appointed to take over the teaching load created by Mr Matthias leaving. This person has yet to be appointed.

Mrs Susan Squelch, the School Administration Manager has recently retired after taking 18 months long service leave. Mrs Kimm Giacobetti, who has been relieving in the position, was successful in being appointed to the position through merit selection.

Two new Mathematics teachers have been appointed, Mrs Leslie Murray and Mr Michael Clarke to replace Mr Wade who moved to Tamworth, and Mr Whitney who retires at the end of the year. Mrs Lee Boyd has accepted a position at a new school and we are yet to have a replacement for her position.

Mrs Sue Mason, our school counsellor has been on leave during 2014 and will retire at the end of the year. A new counsellor is yet to be appointed.

### Year 7 2015

Kadina High School welcomed our Year 7 2015 cohort to the school on Wednesday this week, and they will return Wednesday of next week. They were given a tour of the school, sat in on some practical lessons and had an afternoon of peer support. By all accounts the students enjoyed themselves and are looking forward to the new school year.

**Ian Davies**  
Principal



## DIARY DATES

**27-28 November**

**Showcase**

**1–5 December**

**End of Year Excursion Week**

**8-10 December**

**Yr 9 Lake Ainsworth**

**12 December**

**Presentation Assembly 7-11**

**17 December**

**Last Day for students**



## LEADERS CONFERENCE

Our wonderful school captains attended the Young Leaders Day at the Brisbane Convention Centre yesterday.

It was a great and inspiring day with many amazing speakers including the brave Coen Ashton who has been a sufferer of Cystic Fibrosis since birth and received a Double Lung Transplant at 12 years old. Olympic Gold Medalist Liesel Jones and Victoria Cross recipient Ben Roberts-Smith also delivered inspiring messages about leadership and being the best person you can be for yourself and for others.



## CHESS COMPETITION

Kadina students competing in a recent chess competition at Southern Cross University.



## BASKETBALL NEWS



The Kadina High School boys Year 9/10 basketball team won the Aussie Dent King Lismore Basketball Association challenge. Schools in the competition included Woodenbong Central School, Lismore High School, Richmond River High School, Xavier College, Trinity College and Bonalbo Central.



## DEADLY DUBES



The Deadly Dubs at the official opening of Jullums Aboriginal Medical Centre.

## Uniform Pool

If you have outgrown school uniform tops and jumpers, the school can take them off your hands to place in the school uniform pool. Just drop them off at the school canteen. Your support is appreciated!

## TAX FILE NUMBER APPLICATIONS

The Secondary Schools Tax File Number (TFN) Program will not continue beyond 31 December 2014. This means that School TFN forms will no longer be processed beyond this date.

How students can apply for a TFN from 1 January 2015?

The Australian Taxation Office in partnership with Australia Post is making it easier for individuals to apply for a TFN.

Students can now apply for a TFN online and have their identity verified through an interview at a participating Australia Post office.

Applying online is the fastest and most convenient way for students to get a TFN. More information on applying online can be found at [ato.gov.au](http://www.ato.gov.au) <<http://www.ato.gov.au>> by searching for 'QC27248'.

Students who are unable to visit a participating Australia Post office will need to complete the application form Tax file number - application or enquiry for individuals form (NAT 1432). More information about lodging this form can be found at [ato.gov.au](http://www.ato.gov.au) <<http://www.ato.gov.au>> by searching for 'QC22604'.

The ATO will continue working with teachers to educate students about tax and superannuation. The curriculum resource Tax, Super & You is a free, easy to use, online educational resource aligned to the school curriculum of each state and territory. This resource can be accessed at [taxsuperandyou.gov.au](http://www.taxsuperandyou.gov.au) <<http://www.taxsuperandyou.gov.au>>.

**Steve Vesperman, Deputy Commissioner of Taxation**

**Jandango**

**KADINA CAPA SHOWCASE**

**THURSDAY 27 & FRIDAY 28**  
**NOVEMBER**

**MPC**  
**6.30PM**

**\$5**





# AUDITION FOR LEAD ROLES

The Rivers P-12 learning community is excited to announce that we will be presenting a combined schools musical theatre production of **ALADDIN** at the Lismore City Hall in June 2015.

We are looking for boys and girls from Year 4 to Year 10 with the ability to act, sing and dance to audition for the lead roles in this exciting new event for our public schools in Lismore.

Auditions will be held on:

**Thursday, December 4th,  
12.00pm to 5.00pm  
@ Lismore City Hall**

To get an information package, please speak to your school's co-ordinating Teacher or Principal.



Education &  
Communities



## Newsletter 4

### Talking to Young People about Alcohol and Drugs

It is best for education about alcohol and drugs to begin before young people are exposed to personal decisions about their use. Young people who have accurate information, coping and decision making skills and understand the issues, will be in a good position to make responsible decisions about alcohol and drugs.

Parents provide a powerful role model when it comes to drinking and attitudes to alcohol and other drugs. Take time to talk. Sitting down with the young person in your care and mapping out a plan of action and what to say if they are offered drugs or alcohol can help equip them for the almost inevitable real event. Listen to what the young person in your family says about alcohol and drugs and follow up with a discussion. Take the opportunities when they come up during everyday activities, for example:

When you pour a glass of alcohol

When alcohol or other drugs are mentioned on TV or other media

When using or giving out medicines

When your young person has an assignment on alcohol, smoking, medicines or other drugs.

It is important to understand that in some situations young people may take risks. Sitting down afterwards and helping them identify where things started to go wrong enables them to consider what they could do differently the next time they are faced with a similar situation.

### Australian Alcohol Guideline for Children and young people under 18

Not drinking alcohol is the safest option.

#### For children under 15

Parents and carers are advised that children under 15 years of age are at the greatest risk of harm from drinking and that for this age group, not drinking is especially important.

#### For Young people aged 15-18 years

The safest option is to delay the initiation of drinking for as long as possible.

*Australian Alcohol Guidelines to reduce health risks from drinking alcohol*. National Health and Medical Research Council, 2009 can be found at

<http://www.nhmrc.gov.au/files/nhmrc/file/publications/synopses/ds10-alcohol.pdf>

Look for information about the RRISK Program and risk taking at our website  
[www.rrisk.com.au](http://www.rrisk.com.au)



## Newsletter 5

### Young Drivers aged 17-25 years. Why are they at risk?

#### Facts:

1. Road crashes are one of the leading causes of injury, disability and death among young people.
2. Young drivers are over-represented in road crashes compared to other age groups especially young males.
3. Drivers in rural areas experience a higher rate of fatalities than those from urban areas.
4. Speeding is the major cause of road crashes in NSW and crashes which involve speeding are more likely to result in fatal crashes.
5. Other high-risk behaviours that significantly contribute to road crashes and injuries include:
  - Drink driving
  - Driver fatigue and distraction
  - Not using seat belts

**Driver inexperience:** Often young drivers don't realise that it takes time and lots of practice to develop safe driving skills.

**Developing brain:** Parts of the brain responsible for self-control and for recognising and managing hazards do not fully mature until after the teenage years, so young drivers are more likely to experiment and take dangerous risks.

**Overconfidence and risk taking:** Young drivers can be over confident about their driving ability and underestimate dangers on the road.

**Having friends as passengers:** Young drivers may be distracted by passengers or may feel pressured to take risks, such as speeding. Every extra peer passenger carried by a young driver increases the chance of crashing.

**Alcohol and other drugs:** Young people often do not understand that alcohol and other drugs affect a driver's skills, mood and most importantly behaviour. Safe driving requires clear judgement, concentration and ability to react to what's happening on the road.

**Busy lifestyles:** Work, sport and study often mean busy lifestyles for young people, which may cause them to drive when tired – especially late at night. Driving tired significantly impairs driving, even if the driver doesn't feel sleepy.

The RRISK program aims to increase awareness of these risk factors and how to improve road safety. For more information about the RRISK program and risk taking, visit our website [www.rrisk.com.au](http://www.rrisk.com.au)

# COMMUNITY NOTICES

**RIVERSIDE CAROLS:** Kingsford Smith Oval, Ballina, Sunday 14th December 2014 6.30pm

**YOUTH CONNECTIONS COMPUTER CLUBHOUSE:** Is an innovative, Creative, out of school learning space for 12 - 18 year olds, located at Lismore Conservatorium of Music, Keen St Lismore. For more information contact Youth Connections on 6622 3143 or [YCNC@YCNC.com.au](mailto:YCNC@YCNC.com.au)

**DENTAL HEALTH CLINICS:** Dental treatment for children under 18 years of age is free at NSW Public Dental Health Clinics. Services include routine dental examination and general dental treatment. Phone for an appointment 1300 651 625 press option 2.

**LISMORE YOUNG BUSKER SESSION:** Lismore Shopping Square is running a young buskers night on Thursdays. This means that people aged 21 and under can book a session between the times of 5.00pm - 6.00pm on Thursday nights to busk at the square. There are three slots a night, 20 minutes each. We will be changing times soon so that there will be two a night, 30 minutes each

**WEP Student Exchange – A Once-In-Lifetime Opportunity!** Request Program Information Now Whether you wish to go overseas or host an exchange student in your home, request an information pack today to find out more about WEP's not-for-profit student exchange programs. Visit: [www.wep.org.au](http://www.wep.org.au), Phone: 03 9598 4733 / 1300 884 733 (cost of a local call), Email [info@wep.org.au](mailto:info@wep.org.au)

**AFS Exchange Students in Australian Schools:** AFS Australia has been a trusted leader in intercultural high school student exchange for more than 65 years, and is registered with all Education Departments across Australia . AFS Enquiries: [1300 131 736](tel:1300131736) Website: [www.afs.org.au/host/](http://www.afs.org.au/host/)

**Southern Cross Cultural Exchange:** You choose the nationality, the gender, the duration and the interests of the student that you feel is the best match for your family. Visit us at [www.scce.com.au](http://www.scce.com.au), email [scceaust@scce.com.au](mailto:scceaust@scce.com.au) or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship!



## ENGAGING ADOLESCENTS

### 2 Part Parenting Course

*Learn the skills for resolving teenage behaviour problems*

Part 1: Saturday 6 December | Part 2: Saturday 13 December 2014  
8:30am-12:00pm | Mullumbimby High School, 9 Jubilee Avenue, Mullumbimby NSW 2482

REGISTER ONLINE

[www.parentshop.com.au](http://www.parentshop.com.au)