

I had the pleasure of accompanying 53 Year 10's (16 which were from Lismore campus) to a week on the snow. Allowing for a few minor injuries and a lot of bruised egos, it was a great week where students' were able to initiate good bonds with not only their own classmates but across campus leading into their senior years.

On behalf of all Year 10, Ms Russell, Mr Wallace, Mr Kirkland and myself, I would like to thank all the teachers who stepped up taking classes for us, the parents for their support and especially to Mr Wallace for all his time put into the organisation. The trip continues to be a major success.

Michael Clark Year 10 Advisor Michael Clark





























SAS Appreciation Week

August 26th – August 30th is School Administrative and Support Staff (SASS) Appreciation Week. Our SAS Staff play an important role in the school and college community. They are often the first people to meet parents and visitors when they enter a school and are essential to maintaining positive relationships with students, parents and the community.

The role of the SAS Staff is varied and can include work in school offices, in classrooms and libraries, working with Aboriginal students and maintaining and caring for school grounds and buildings. They are often the ones to tend to students when they unwell and they ensure the efficient management of school financial and administration functions.

To recognise our SAS Staff from Kadina High, Lismore High, Richmond River High and The Lismore Education Department, we held a celebration breakfast at Invercauld House. This was an opportunity for all the SAS Staff from across the college to meet and celebrate together.

Next time you enter our campus, or one of the other campuses, please feel free to acknowledge the great work our SAS Staff do.

Ian Davies- KHC, Chris Williams-LHC, Mary Jane Pell-RRHC Greg Smith -EP, Dave Harvey-DEL.









Uni-bound visit at Lismore Southern Cross University

Year 9 students participated in the Uni-bound visit at Lismore Southern Cross University. Students were provided the opportunity to speak and listen to staff from the Schools of Law, Psychology, Midwifery, Media, Exercise Science, Art and Design, Nursing and Music. Students and staff have spoken of how they enjoyed the day.









CALENDAR

Gazetted Half Day Race Day for Lismore Cup (No lessons from 12pm, however busses will run as normal).

19 September

Year 11 Exams 16 - 27 Septemeber

Year 12 Reports Distributed 27 September

Year 12 Farewell Assebly 27 Septembeer

Last day of Term 3 27 Septembeer

First day of Term 4 14 October

Year 12 Formal 12 November



KADINA HIGH CAMPUS

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We would like to respectfully acknowledge the Elders past and present of the Wijabul Wiyabal people and other peoples of Bundjalung Nation. We acknowledge that they are the first peoples of this land on which our school stands.

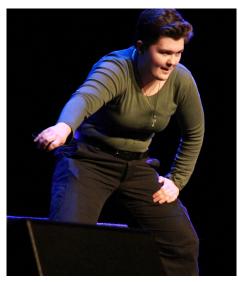
River MADDNESS

Rivers MADDness took place on Wednesday 28th August at City Hall. This was a showcase of the talent across HSC Music, Art, Drama, Dance and Photography across the three campuses. The talent was of an extremely high standard and it was an enjoyable night. The crowd was very enthusiastic and helped support our students through their performances, giving them confidence for their upcoming practical examinations. It was also great seeing all the staff across the three campuses working together to put on an outstanding event. Thankyou to all staff that were involved and worked seamlessly to put on an amazing event. A special thankyou to Dimity McKinlay for coordinating the event and Kadina hospitality students & staff for the support.



















2019 ICF WILDWATER CANOEING JUNIORS & U23 WORLD CHAMPIONSHIPS





Joshua Lee (16) a Student of Kadina High Campus in Lismore, has just returned from competing as a member of the Australian Team at the 2019 ICF Wildwater Canoeing Juniors & U23 World Championships held in Banja Luka, Bosnia and Herzegovina.

Joshua had the honour to be the flag bearer for the Australian team at the Opening Ceremony. He competed in the Under 18's Sprint, Classic and Teams Classic events, against 48 of the best Under 18 Wildwater paddlers from around the world.

The event was held in a steep gorge on the Vrbas River. This river hosts huge rapids which tested many paddlers. Outstandingly, Josh stayed confidently in his boat, even though he has limited experience in this type of demanding wild water. Josh placed 33rd out of 48 in the Sprint, and 34th out of 48 in the Classic event.

In the Teams event, Josh teamed up with two other Australian paddlers, obtaining 9th position, beating the very experienced Slovakian, Great Britain and USA teams.

It takes a village of people to support an athlete like Josh. He could not have competed at the World Championships without hard work and the support of family, friends, canoe clubs, training partners, coaches, sponsors and local businesses, Southern Cross University, North Coast Academy of Sport, Paddle Australia and the Local Government. Joshua, and his family, are forever thankful and grateful to you all for your help & support.

Upon returning home from Europe this week, Josh has already commenced training, and is focused on the next Wildwater Canoeing World Championships that will be held in 2021.

"Team Josh" will now start to plan the support that is necessary to enable Josh to be the best athlete that he can be, to proudly represent Australia again in 2021.

Thank you for being a part of "Team Josh".







2019 - INFORMATION FOR YEAR 12 STUDENTS AND CARE PROVIDERS

CONTENTS:

- A. Final Week
- B. Year 12 Graduation
- C. Higher School Certificate

A. FINAL WEEK

- 1. Normal lessons will proceed as per timetable Monday-Thursday
- 2. Friday 27th September Year 12 Farewell Assembly for parents and students.

VENUE: Kadina High Campus MPC.

TIME: 9:30 am

UNIFORM: Full Uniform worn neatly.

Morning Tea for parents and students will follow. Students are asked to provide a plate to share.

3. The safety and dignity of every person on this work site of the NSW Department of Education must be respected. This being said, the Department does not allow "muck up days"- such behaviour will not be tolerated.

4. Presentation of Awards

This year, the presentation of all Year 12 Awards, Academic, Special and Sporting, will be presented at the final assembly for Year 12 on Friday 27th September.

We would like to invite Parents, caregivers and family members, of our Year 12 students to attend this assembly, to witness the final recognition of the achievements of our Year 12 students.

5. Examination Preparation Time

This commences from the end of Term 3 and extends until the first examination on Thursday 17th October 2019.

If students wish to visit the Campus during this period to see their teachers, they are welcome to do so. Neat and tidy dress including footwear is expected.

B. YEAR 12 FORMAL

This is an official Kadina High Campus function.

Attendance is by invitation from the Principal and is conditional upon acceptance of this school campus's requirements, for which the Principal is responsible.

VENUE: Lismore and District Workers' Club Auditorium

DATE: Tuesday 12th November 2019

TIME: 5:30 pm Arrival

6:10 pm Graduation Ceremony commences

COST: \$40.00 per person

SMOKING NOT permitted in the Auditorium

ALCOHOL NOT permitted in the Auditorium

Students will be expected to remain at the function venue for the duration of the event.

WHO IS INVITED

- Year 12 students and up to five guests (total of 6)
- Staff and Spouse / Partner
- Official Guests
- The Campus Captains and Vice-Captains Elect

DRESS

This is a formal function of Kadina High Campus. Appropriate dress is expected.

Invitations are issued by the Principal with this understanding.

BOOKINGS

All money is to be paid to the office in full by Friday the 20th of September, if you are experiencing financial difficulty and unable to meet that requirement, a payment plan may be organised with the front office by 1st September.

On graduation night, entry to the Auditorium will be strictly by ticket. A Doorman will supervise the entrance to the Club's Auditorium from 5:30 pm to 10:30 pm

PLEASE NOTE CAREFULLY:

It will be assumed that anyone who has not paid for a booking by Friday 20th September 2019 does not wish to attend the Kadina High Year 12 Graduation function.

PROGRAM

5.15 pm Meet at Lismore City Hall for arrival organisation

5:30 pm – 6:00 pm Arrival at Workers Club

6.10pm All guests are to be seated in Auditorium

6:15 pm Welcome

Presentation of Year 12 Graduates

Graduation Dance

6:45 pm Speeches, Cutting of Year 12 Graduation Cake

7:30 pm Official Graduation Photograph

7:45 pm Dinner (sit down menu – please advise at time of booking if

special dietary needs are required)

Please Note: The Campus has not organised nor will it take responsibility for any other social activities arranged by the Year 12 students.

GENERAL

PRESENTATION CEREMONY AT THE FORMAL

- Students will be presented with a fellow Kadina High student.
- Students will assemble for presentation in the rooms/corridor adjacent to the auditorium.
- Upon being announced, pairs will walk across the stage to be presented.
- After being presented, each pair will move off the stage on to the floor of the auditorium and line up around the walls.
- After the Presentation of Graduates the "Pride of Erin" plus one other dance (yet to be decided) will be danced by the pairs of graduates; the graduate's parents will be invited to dance the "Pride of Erin".
- An appropriate presentation will be made to each graduating student.

PHOTOGRAPHS

In order to have the services of an official photographer at the Formal, photographs must be ordered prior to the Formal as a package.

The package consists of 2 options

- 1. The combined group photo $-(13 \times 25 \text{cm})$.
- 2. 13 x 25cm group photo + 3 10 x 15cm photos of your choice.

It is suggested that photos be paid for now to help alleviate the expense when purchasing tickets and to ensure we get the services of the photographer.

Please complete envelopes provided and pay for your options A.S.A.P.

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C. THE HIGHER SCHOOL CERTIFICATE

NB Venue: Goonellabah Sports Club

1. THE HIGHER SCHOOL CERTIFICATE EXAMINATION

- Commences with English on Thursday 17th October 2019.
- All students must attend 15 minutes earlier than normal on the first day of the examination.
- The Presiding Officer employed by NESA to be in charge of the Higher School Certificate Examination is Mrs Denise Boyd.
- Students must be on time for all examinations.
- Students should carefully check their HSC Examination Timetable to see that they arrive for the correct examination at the correct time.
- Note daylight saving time commences during the school holidays, prior to the start of HSC examinations.
- Students should very carefully read the "directions to candidates" issued to every student.
- If a student is unable to attend an examination because of sickness or misadventure he/she should immediately advise the NESA Coordinator Mrs Sally Champion
- Students are required to wear the correct uniform during all examinations.
- All students are required to formally sign out from Kadina High. Students should report to the Front Office to obtain a sign out form. Students are required to return all text books and other campus property (including library books) before the sign out will be completed.

2. HIGHER SCHOOL CERTIFICATE ASSESSMENTS

Students will be able to access a copy of their Assessment Rank order for each HSC Course studied via 'Students Online', My details, at the end of HSC examinations. Students should use their own personal pin number.

Yours sincerely,

lan Davies **Principal**

Sally Champion **NESA Coordinator**

Aurora O'Sullivan Year Adviser Janine Russell.

Graduation Coordinator





Youth Aware of Mental Health

The Department of Education is working with the Black Dog Institute to run a school-based peer support and mental health literacy program called Youth Aware of Mental Health (YAM).

What is YAM?

YAM is a program aimed at addressing the mental health needs of young people.

YAM involves discussion and role play. It aims to get young people involved and talking about mental health. By doing this young people will learn problem solving skills and gain knowledge about mental health.

This is a free program for all Year 9 students. The Department of Education has funded all costs associated with the YAM program.

Who is it for?

All Year 9 students

What is in the program?

There are 6 themes addressed in the program

- What is mental health?
- Self-help advice
- Stress and crisis
- Depression and suicidal thoughts
- Helping a friend in need?
- Who can I ask for advice?

How will YAM run in our school?

YAM will run over 3 weeks and is delivered in the classroom setting (up to 30 students) by accredited trainers external to the school.

Week 1	Week 2	Week 3
Opening	Role play 2	Closing
session		session
+	+	
Role play 1	Role play 3	

Students will be given a booklet to keep. It will include a guide of local health resources as well as a list of different organisations who work with youth in the local community.

Who can I contact to discuss YAM?

The contact for YAM in our school is Tracy McGrath DP.

When will YAM be delivered in our school?

YAM will be delivered to YR 9 in Term 4. Wednesdays 6th, 13th and 20th Nov.

Where can I find more information about YAM?

http://www.y-a-m.org/







Dear Parents and Carers,

The Department of Education is working closely with the Black Dog Institute to support the implementation of Youth Aware of Mental Health (YAM), an evidence based mental health program. As part of the Wellbeing initiatives at **The Rivers Secondary College KADINA campus**, all Year 9 students will be participating in YAM for five hours over a three week period. This program will be run at our school by qualified YAM instructors.

YAM is a culturally sensitive program targeted at all Year 9 students to promote increased knowledge and discussion about mental health, as well as the development of problem-solving skills and emotional intelligence.

There are six themes explored through discussion and role play in the program: What is mental health; Self-help advice; Stress and crisis; Depression and suicidal thoughts; Helping a friend in need; Who can I ask for advice. Students will also be issued an information resource booklet about content covered in the course as well as local support networks that they may find helpful.

This is a free program for all Year 9 students. The Department of Education has funded all costs associated with the YAM program.

If you wish to discuss or gain further information about the YAM program please contact:

The Rivers Secondary College Kadina High Campus Tracy McGrath, Deputy Principal, Ph: 66243133







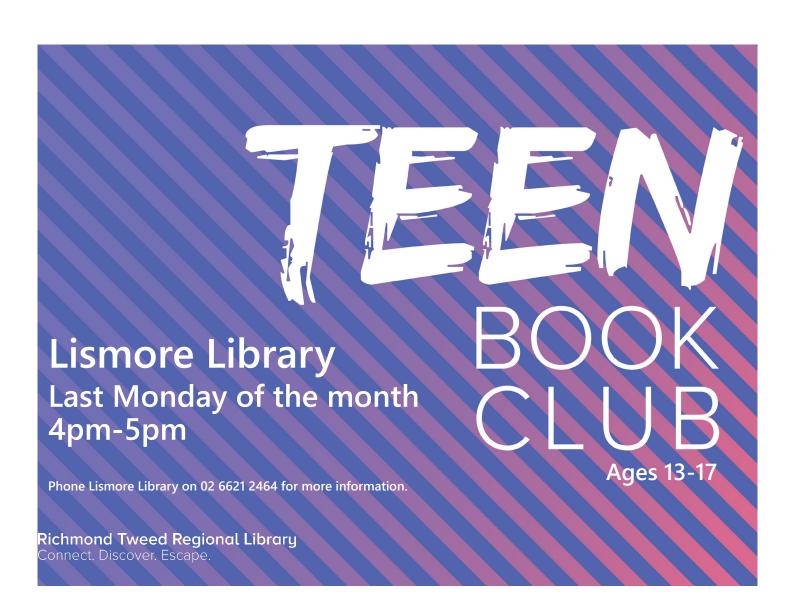
Lismore Library

Last Thursday of the Month 4-5pm

Phone Lismore Library on 02 6621 2464 for more information.

Richmond Tweed Regional Library Connect. Discover. Escape.





2019 Coraki Art Prize



EXHIBITION DAYS

Saturday 26 Oct 10am – 7pm Sunday 27 Oct 10am – 3pm

Venue: Coraki Campbell HealthOne Surry Street

GALA NIGHT: Saturday 26 Oct from 6pm Presentation of Prizes 7pm

VENUE: Coraki Youth Hall 77 Bridge Street Coraki

Free Admission, Bar, pop-up Restaurant and live music

All winners will be notified Friday afternoon and SHOULD BE AVAILABLE TO RECEIVE THEIR PRIZE at the **Presentation of Prizes at 7pm**, including youth prize winners

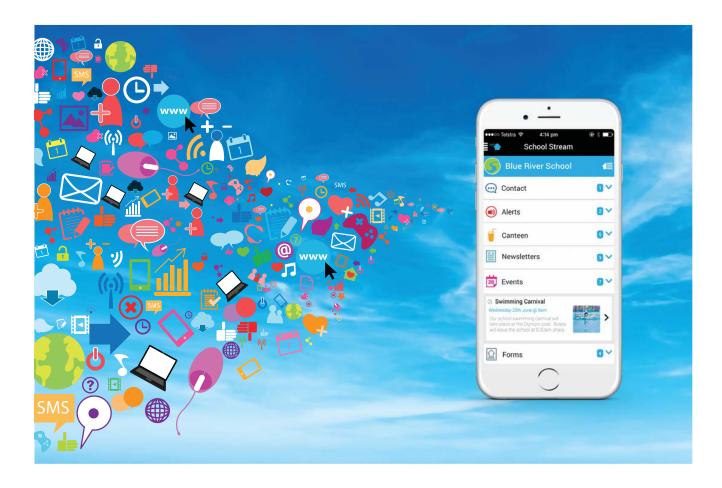
Entry forms for this year's Coraki Art Prize will be available at art galleries, art supply shops and tourist information centres from August

or online at: www.corakiartprize.org.au

Enquiries to Melva at: info@corakiartprize.org.au Entries close Wednesday 16 October 2019

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