# KADINA HIGH CAMPUS NEWSLETTER

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### ISSUE 2 | TERM 2 | WEEK 10 | 2021

THE RIVERS

### Colour Run

Well it was touch and go with the rain but thankfully it held off for Kadina's Colour Run event this term, and what a huge success it was. Many thanks to staff and students who helped make the day so awesome and for the brave ones who took on the obstacles! A special thanks to the SRC and Mrs Libby Clifford for organising the event. Can't wait for next time!!

















## Term 2 Sports Wrap Up

#### **KADINA SPORTS CARNIVALS**

	SWIMMING	CROSS COUNTRY	ATHLETICS
1 <sup>st</sup>	NEWCOMBE	NEWCOMBE	NEWCOMBE
2 <sup>nd</sup>	BRADMAN	BRADMAN	FRASER
3 <sup>rd</sup>	FRASER	FRASER	BRADMAN
4 <sup>th</sup>	CUTHBERT	CUTHBERT	CUTHBERT

### Swimming Age Champions

	Girls	Boys
12 years	Lara	Riley
13 years	Sahara	Farran
14 years	Kiera	Cooper
15 years	Tilly	Sam
16 years	Chloe	Jack
17+ years	Sophie	Billy

### **Athletics Age Champions**

	Girls	Boys	
12 years	Asante	Ellijah	
13 years	Sahara	Eden	
14 years	Tarni	Caine	
15 years	Cheron	Sam	
16 years	Sienna	Jack	
17+ years	Krystal	Josh	
		Matt	

### **Cross Country Age Champions**

	Girls	Boys
12 years	Asante	Riley
13 years	Sahara	Joao
14 years	Savannah	Frazer
15 years	Tilly	Jack
16 years	Sienna	Oliver
17 years	Krystal	Tom
18+ years	Holly	Matt

## Textiles club

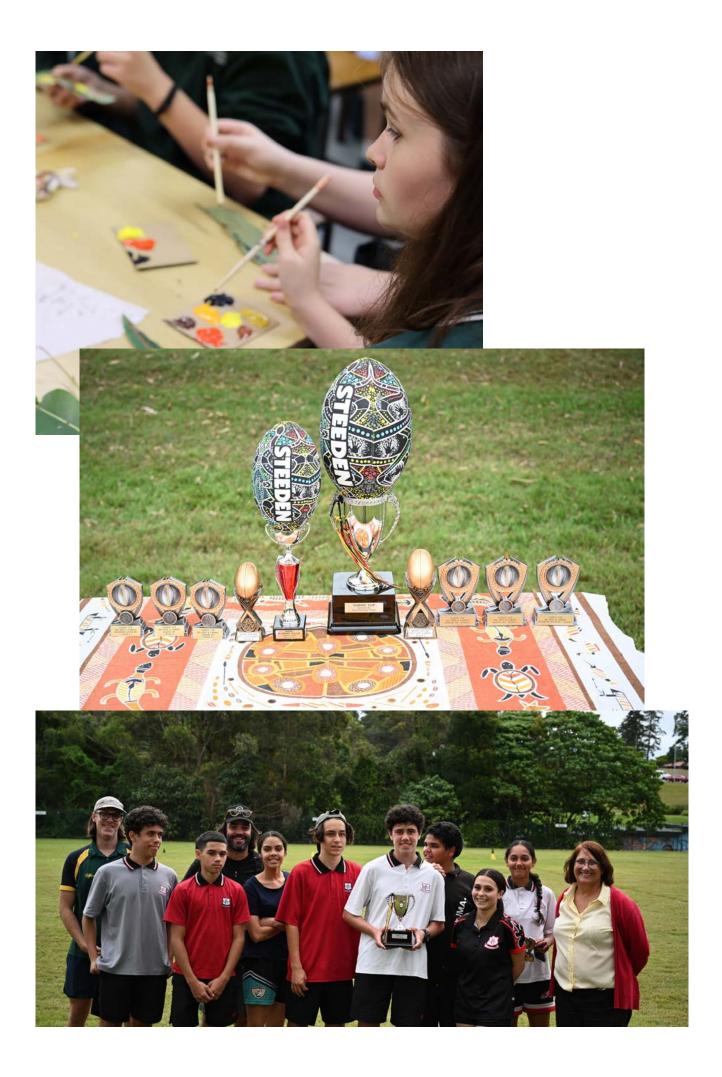
Textiles club has been running every Wednesday at lunch time with Miss Hepworth. Students are currently making skirts following professional patterns. They have also made scrunchies and designed their own embroidery pieces.



## NAIDOC Celebrations







### CALENDAR

12 July School Development Day

13 July First day for students Term 3

20 July Year 7-10 Parent Teacher Evening

31 July - 7 August Year 10 Kadina/Lismore High Ski Trip

2 - 13 August Year 12 HSC Trial Exams

### **KADINA P&C**

Meeting held 3rd Monday of each month excluding school and public holidays. Please keep an eye on our Facebook page for any future changes to the schedule.



### KADINA HIGH CAMPUS

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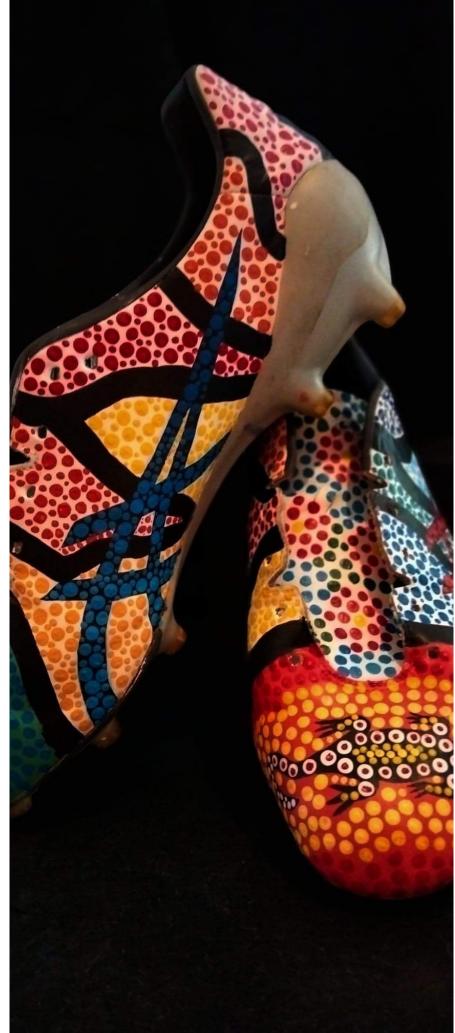
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www.facebook.com/OfficialKadinaHighSchool

We would like to respectfully acknowledge the Elders past and present of the Wijabul Wiyabal people and other peoples of Bundjalung Nation. We acknowledge that they are the first peoples of this land on which our school stands.



### Rhys Kennedy's boots from the Brisbane Bronco's

Maleika in year 11 from Kadina High Campus has been chosen to paint Rhys Kennedy's boots from the Brisbane Bronco's as part of the Beyond the Bronco's Aboriginal Girls program at The Rivers Secondary Colleges in Lismore. one girl from each of the schools who run the BTB program was chosen to paint a pair of the players boots.

The boots were worn at Suncorp Stadium for the Indigenous Round. The game was televised with Brisbane Broncos playing Melbourne Storm.

Maleika made up a guard of honour along with the other girls chosen from schools across QLD and Northern NSW who painted the Brisbane Bronco's boots. The players ran through the guard of honour before the game started.

The girls received a personal video message from the player and 2 tickets to attend the game.

If you see Maleika please congratulate her on a job well done.

We are super proud of you Maleika!

Angelique Sines

Student Support Officer

Beyond the Broncos ATSI Girls Academy



## COVID Intensive Learning Support Program

2020 was a difficult year for everyone, particularly students and teachers who made sure that quality teaching continued despite seven weeks of remote learning and other disruptions.

Small group teaching, delivered by professional educators, is very effective in boosting students' learning and helping them to quickly get back on track.

Kadina High Campus is supporting our students' literacy and numeracy by offering small-group, in-class and individualised teaching in year 7 and 8, using evidence-based programs. By participating in Quicksmart, students will be able to answer all number facts, with 100% accuracy, in under 2 seconds. By participating in STAR (Support, Tutoring and Reading), students will improve their vocabulary, grammar and comprehension as they become skilled readers. The Quicksmart and STAR room is a welcoming environment where students develop an interest in their learning and take responsibility for their own progress.

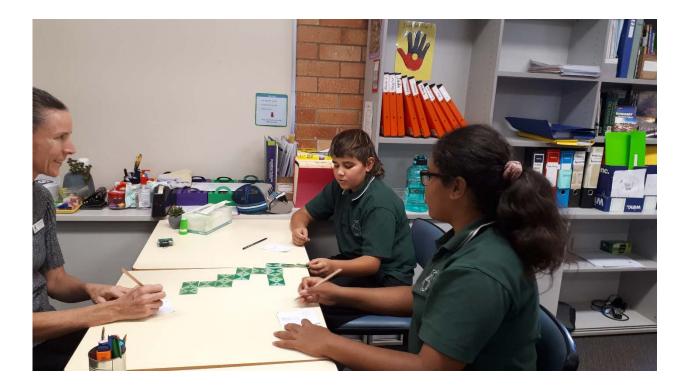
"I have been participating in Lexia Powerup and reading books out loud, as well as studying vocabulary. In my opinion, Lexia is a great program but it talks a little too much. After doing this program I feel like my understanding of words has grown. I have also participated in Quicksmart. Quicksmart helps you to understand small maths problems, so you can eventually calculate larger maths problems. It helps us find the easiest way to understand mathematical problems." A student in year 7.

Here are some more comments from our students in STAR (Support, Tutoring and Reading):

- "It helps me with reading, and it helps me with some of my learning." A student in year 7.
- "Vocabulary study helps me to understand words more clearly, because it breaks the words down. My favourite part is reading and fluency." A student in year 8.
- "STAR has helped us with reading in English. Our favourite parts are reading and fluency." Students in year 8.

Year 7 students in Quicksmart said:

- "Quicksmart has helped me to like maths. I have used it in maths, when teachers ask me something. I like the maths games the most."
- "Quicksmart helped me with my work and my speed. It helps me when I use maths at the canteen. I like the fun games."
- "It has helped a lot, and I know how to add a lot faster. When we do addition and subtraction, I know I can do it. Quicksmart helps me outside of school, when I'm at the shops adding things up."
- "When I do tests in class, I feel confident. I am getting faster. It also helps with counting money."



Caption: Students enjoying STAR.



See you in the library in the Quicksmart and STAR room! Rebecca, Sandra and Simon.

### Year 9 Report

As always, Year 9 students have been BUSY recently. We've had students compete in the Athletics Carnival and Zone Athletics. Congrats to our Age Champs.

All year 9 students were involved in MPower in Week 9. Students develop their goal setting skills, explored resilience and self-respect. They also participated in some dance, hip-hop and rap workshops.

In exciting news, Year 9 students will be involved in a new and exciting Leadership Program. They'll be hearing more about this next term, but up to 20 year 9 students who have represented themselves, our school, and our community through outstanding leadership opportunities will be invited to participate in a FREE three-day survival adventure! It is going to involve hiking, navigating, camping out, cooking under the stars, rafting and rock climbing at Tyalgum Ridge Retreat. It is going to be amazing, Stay tuned.







## **Bell Times**

THE SCHOOL DAY - BELL TIMES		
Bell Times	Regular Tues - Fri	Monday
Period 1	8:30 - 9:10	8:30 - 9:10
Period 2	9:10-10:10	9:10 - 10:10
Period 3	10:10 - 11:00	10:10 - 10:55
Period 4	11:00 - 11:20	10:55 - 11:15
Period 5	12:10 - 1:00	12:00 - 12:45
Assembly		12:45 - 1:05
Lunch	1:00 - 1:40	1:05 - 1:45
Period 6	1:40 - 2:30	1:45 - 2:30
Period 7	2:30 - 3:15	2:30 - 3:15

## Year Advisors 2021

Year	Year Advisor
7	Mr Jeffrey Wilkes
8	Mrs Belinda Ryan
9	Mrs Polly Jude
10	Mr Nathan Hartly
11	Mrs Rebecca Sommerfield
12	Mr Michael Clarke



Mr Wilkes, Year 7 Advisor

# Canceenkadina2021

Brainfood for young minds

# <u>SANDWICHES</u>



\$6.00

Ham, Cheese & Tomato S/W Chicken, Lettuce & Cheese S/W Corned Beef, Cheese & Pickles S/W Egg & Lettuce S/W Salad S/W <u>(BY ORDER ONLY)</u> <u>EXTRAS-\$1.00</u> Ham - Chicken - C/Beef Egg - Tuna - Cheese - Avo - G/F Bread Toasted 50c

# WRAPS

[All wraps come with lettuce, carrot, cucumber, cheese & mayonnaise.] Sweet Chilli Chicken Chicken Ceaser Chicken Pesto

Falafel Salad <u>(BY ORDER ONLY)</u> <u>EXTRAS-\$1.00</u> Ham - Chīcken - C/Beef Egg - Tana - Falafel - Cheese - Avo -G/F Wrap - Toasted .50C

### SALADS (BY ORDER ONLY) \$6.00 Geaser Salad

Greek Salad Garden Salad <u>EXTRAS-\$1.00</u> Ham - Chīcken - C/Beef Egg - Tuna - Falafel - Cheese - Avo

## OOR LOCAL PROVIDERS & SOPPORTERSI

PLEASE SOPPORT THEM TOOL

Farmer Charlies South Side Bakery

GREEN = Everydag BLACK = Occasional RED = High Allergen (NOTS/EGGS)

## <u>SNACKS</u>

Fresh Fruīt-Apple, Orange, etc.	\$1.00
Fruit Salad-Seasonal Fruit	\$4.00
Plain Yogurt	\$2.50
Muesli Cup - <b>(BY ORDER ONLY)</b>	\$3.50
-Fresh berries, Muesli and Yogurt	
Banana Bread	\$2.00
Fresh muffin	\$2.00
Ham & Cheese Roll	\$2.50
Cheese & Vegemite Scroll	\$2.50
Bread Roll-Buttered	\$1.50
Popcorn	\$1.00
Grain waves	\$1.00
Red Rock Delī	\$2.50

## <u>COLD DRINKS</u>

Bottled Water	
-600ml	\$1.50
-1 lītre	\$2.50
Nu Sparkling Water	\$2.50
Norco Flavoured Milk	
-300ml	\$2.50
-500ml	\$4.00
Nīppy's Flavoured Milk	\$3.00
Up & Go	\$2.50
Juice Popper	\$2.00
Orchy Juice	\$4.00
Juice Bombs	\$2.50
Chill Iced Tea	
-Small	\$2.50
-Large	\$3.50
~	

## HOT DRINKS

Small \$3.50 Large \$4.50 Hot Chocolate - Chai - Tea Coffee (Seniors Only)

### HOT FOOD

Burger	\$4.50	
- Beef/Chīcken		
Pizza	\$5.00	
- Ham & Pīneapple/ BBQ Chicken		
Turkish Rolls	\$6.50	
- <mark>Chicken Pesto</mark> /Chicken Avo /	Vego	
Homemade Pasta	\$5.00	
- Chicken Pesto / Beef Bolognaise / Ham		
Carbonara / Vegetarian Pesto		
Chicken Dimsim	\$2.00	
Chicken fillet	\$2.50	
Plain Pie	\$3.50	
Flavoured Pie	\$4.00	
Sausage Roll	\$3.00	
Cheese & Spinach Roll	\$4.00	
Vegetarian Quiche	\$3.50	
10900ai ian garono	¥0.00	

# DATLY LONCH SPECIAL \$4-6

## <u>SOSHI</u>

Īnarī Pockets	\$4.00
Sīngle Roll	\$4.00
Twin pack	<b>\$</b> 7.50
6 pc Combo Pack	\$6.00
Vietnamese Rolls	\$6.00

## <u>FROZEN</u>

Quelch Sticks	.500
Frait Cap	\$1.00
ced Mony	\$1.00
Paddle Pop	\$2.00
Frozen Yogurt	\$2.50

## ORDERS WELCOMED

GLOTEN FREE OPTION AVAILABLE ALL ORDERS MOST BE PLACED BY 9AM.

# VOLONTEERS ALWAYS NEEDED AND VERY WELCOMEL

SHARE IDEAS, HAVE A CHAT AND BE INVOLVED IN YOOR KIDS CANTEEN. COFFEE & LONCH PROVIDED. CONTACT SCHOOL CANTEEN FOR FORTHER DETAILS.



https://www.facebook.com/theriverssecondarycollege/



### Subscribe Me!!

I would like to remind parents you can subscribe to the school newsletter email distribution list, It is easy and it is free. All you have to do is log into whichever email account you would like to receive the newsletter from and send an email to kadina-h.admin@det.nsw.edu.au with "subscribe me" in the subject line.

### Newsletter Distribution!!

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- 2. Facebook like the page or simply visit and look for our current newsletter link (every 4 weeks)
- 3. School Website visit our site at kadina-h.schools.nsw.edu.au and navigate to the newsletters section to view current and past publications
- 4. Parent Portal.

