

# NEWSLETTER



THE RIVERS  
SECONDARY COLLEGE  
KADINA HIGH CAMPUS

*The heart of secondary education for Lismore*

Kadina St Goonellabah NSW 2480  
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ISSUE 1 | TERM 1 | WEEK 11 | 2023

## ANZAC Assembly

Kadina High Campus commemorated Anzac Day with a formal Anzac assembly on Monday held in the MPC. Kadina was very grateful that Mr Ken Arnett the president of the Lismore RSL sub-branch found the time to attend our assembly as a guest speaker. Ken spoke of his career in the military, along with personal stories that enabled students to appreciate the significance of the sacrifice previous generations of Australian's have made to protect our freedoms and sovereignty. A number of Kadina students also made impassioned speeches and read poems commemorating Anzac Day.







At 5am the traditional Dawn Service will be held at the Lismore Cenotaph, following the March from the "Old Post Office Corner" on the corner of Magellan and Molesworth Streets. As a longstanding tradition, former students and choir members are welcome to join the choir for the Dawn Service.

The College Principal along with campus captains, will attend the North Lismore Memorial service at 8am, the place where soldiers boarded a train taking them to the battle fields of Europe in 1914.

We invite students to join The Rivers Secondary College in the main March mustering from 8.30am and departing Browns Creek Carpark at 9am, proceeding along Molesworth Street to the Lismore Memorial Baths, followed by the ANZAC Day commemorative service at the Lismore Cenotaph. Students are requested to wear full school uniform and bring a hat and water.



# Principal Message

Thank you to all of our staff, students and community members for your support throughout Term 1. Like all terms, it has been very busy as we continue our focus on:

- Student growth and attainment
- Wellbeing
- Building staff capacity

This term has been considerably different to Term 1, 2022 as we recognised the 12 month anniversary of the Lismore Floods. We know there is still a long road ahead for many of our families as they rebuild. Please know that we remain ready to support anyone and everyone throughout this process.

Please enjoy reading about what we have achieved this term. There have been countless events and initiatives that have focused on student improvement. For me, some of these highlights have

- The swimming carnival at Kyogle pool
- The Kadina Creates Week 9 Assembly
- Our uplift in students attending 90%+ of the time
- Our state-wide recognition from the Secretary of the Department of Education as one of the highest achievers in HSC growth (17.10% increase in HSC results)
- The implementation of our Tuesday study session – Homework Centre

As we move into Term 2, we start to see the impact on our Year 12 students increase as they move closer towards their trial examinations and HSC examinations. Students in Years 7-11 will also have an increase in their assessments as the deadlines for our Semester 1 reports draw closer. I remind our Years 7-10 students and families to access our Assessment HUB for more information and support around assessments. Information regarding senior assessment is also available from our school website.

Please enjoy the upcoming holiday break. I encourage all students to take this chance to reset and reflect on the term and prepare to return to school next term ready, respectful and responsible.

Regards,

James Witchard  
Principal



## CALENDAR

6 April  
**Last day of Term 1**

6 April  
**Cross Country**

7 April  
**Good Friday (Public Holiday)**

10 April  
**Bluesfest High School  
Showcase (2:30-3:30pm at  
the Juke Joint Stage)**

24 April  
**School Development Day  
(Staff only day)**

25 April  
**ANZAC Day March**

26 April  
**First day of Term 2 (All  
students return)**



### KADINA HIGH CAMPUS

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[https://www.facebook.com/  
OfficialKadinaHighSchool](https://www.facebook.com/OfficialKadinaHighSchool)

We would like to respectfully acknowledge the Elders past and present of the Wijabul Wiyabal people and other peoples of Bundjalung Nation. We acknowledge that they are the first peoples of this land on which our school stands.

## Attendance Matters Prize Winner!

Congratulations to Xahran who won the Term 1 Laptop Raffle!

Xahran is a Year 9 student in our Khub and a very deserving winner.

Congratulations to all students who have worked hard to improve their attendance this term! Another laptop will be given away in Term 2, so keep aiming for 90%+



### ATTENDANCE MATTERS

**Students with greater than  
90% attendance will be  
placed into a draw each  
term to win a laptop!**



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Mr James Witchard  
The Rivers Secondary College, Kadina High Campus  
2-22 Kadina Street  
GOONELLABAH NSW 2480

DGS23/127

Dear Mr Witchard,

It is with considerable pleasure that I write to congratulate you on the results achieved by The Rivers Secondary College, Kadina High Campus against targets for the 2022 Higher School Certificate.

This is a moment for reflection and celebration, and an achievement you and the school can be immensely proud of. Our strategic plan speaks of our ambition as a system that every young person is known, valued and cared for; is engaged in learning; and is experiencing success at school.

The Rivers Secondary College, Kadina High Campus saw an uplift of 17.10% from 2017-18 in 2022 and continued improvement from 2021 to 2022 in your top three band results. This improvement represents one of the highest improvements in the state and demonstrates The Rivers Secondary College, Kadina High Campus's ongoing commitment to student improvement and school success in the HSC, and the support of the teaching staff to sustain it.

This is also a great reflection of the dedication and leadership of you and your team, and the outstanding work you have done in ensuring our students will benefit from these results for decades to come, finishing school well prepared for the future.

I hope you find some time to celebrate these results and I wish you continued success for 2023.

Yours sincerely



Georgina Harrisson  
**SECRETARY**  
**DEPARTMENT OF EDUCATION**  
17 February 2023

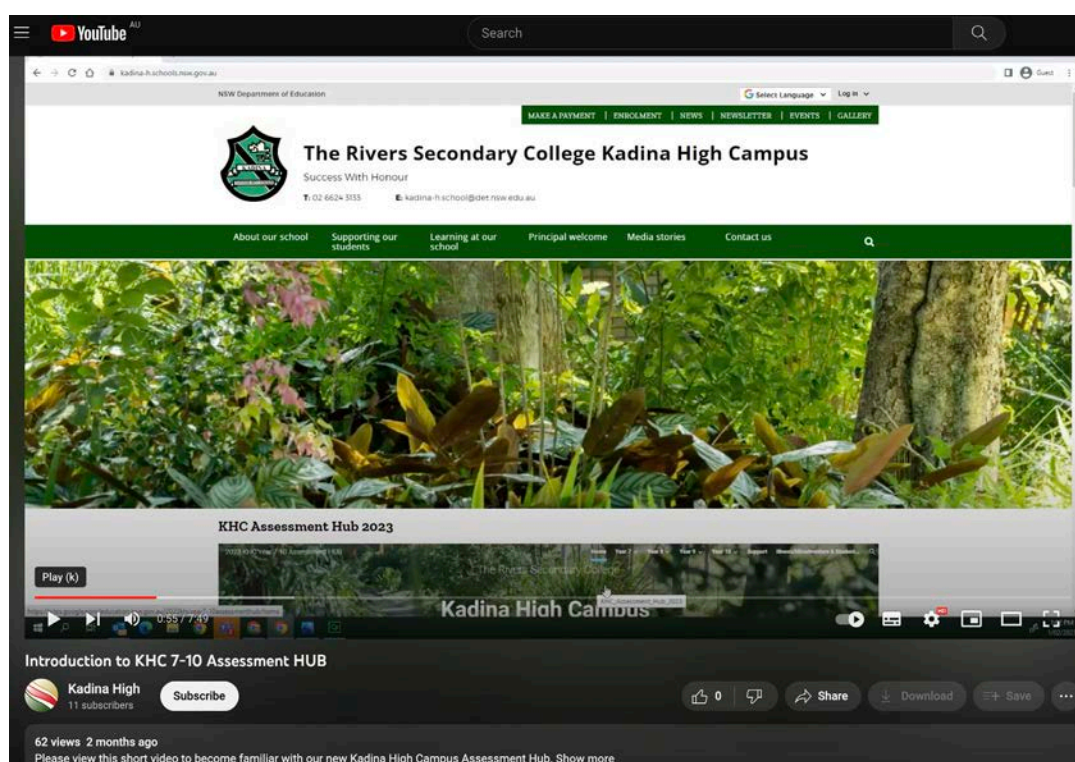


# KHC Assessment HUB

As we head into a busy assessment period, we are reminding all our Year 7-10 student families about the Assessment Hub. You can access the hub from our school website. It contains all the important information about junior assessment.

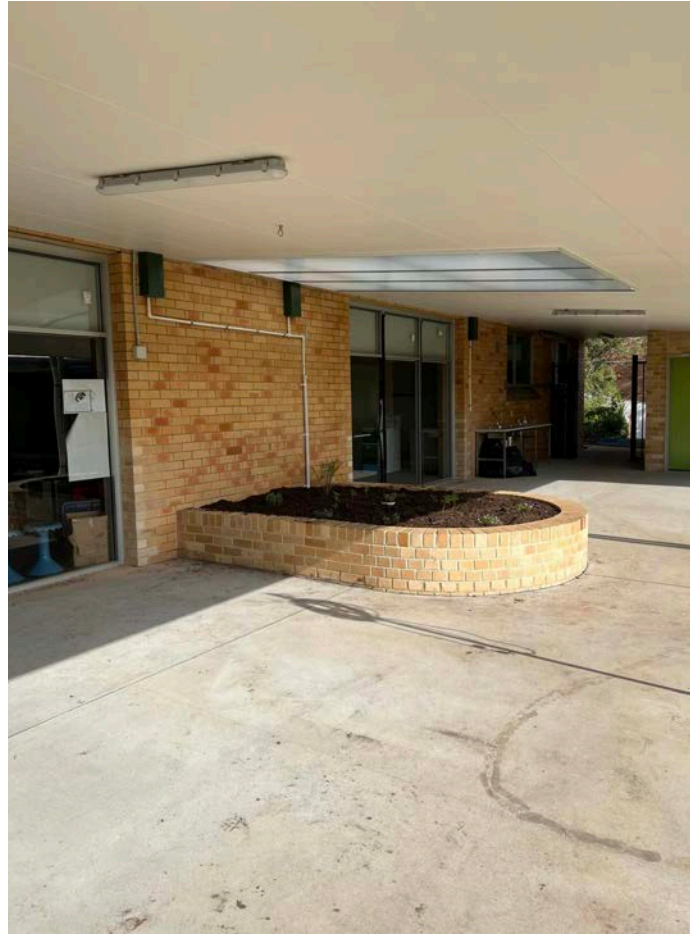


For an introduction to the Assessment HUB, please click on the window below or you can access it by going to: <https://www.youtube.com/watch?v=J2-AnGw8DPM>



## Support Hub Update

Our new Support Hub is nearly ready! In a few short weeks, students in our Support Hub will have access to new spaces and resources. These include a sensory room and garden and new access to the classrooms from the lovely courtyard. We look forward to showing you around! #KadinaCreatesEquity



## Kadina Creates Stage Assembly

Congratulations to all our student award winners in our Kadina Creates Stage Assemblies in Week 9. It was fantastic to hand out over 200 prizes and certificates recognising outstanding attendance and behaviour. Thank you also to the 80+ parents who joined us in celebrating student success. #KadinaCreates



# Swimming Carnival

The annual school swimming carnival was this year moved to Kyogle pool, due to flood damage still effecting Lismore pool. There was a good turn out amongst the students and a great amount of house spirit, with Fraser winning the House chant/song competition. Overall house result and Age Champions were:

## House Points 2023

1st Bradman - 467  
2nd Cuthbert - 321  
3rd Newcombe - 247  
4th Fraser - 232

## AGE Champions

12 Boys: Cameron 40points - Fraser  
13 Boys: Tyce 30 points - Bradman  
13 Girls: Ella 42 points - Bradman  
14 Boys: Miles 20 points - Newcombe  
16 Boys: Oscar 56 Points - Cuthbert  
16 Girls: Kiera 26 points - Bradman  
17+ Boys: Tai 26 points - Bradman  
17+ Girls: Chloe 20 points - Bradman

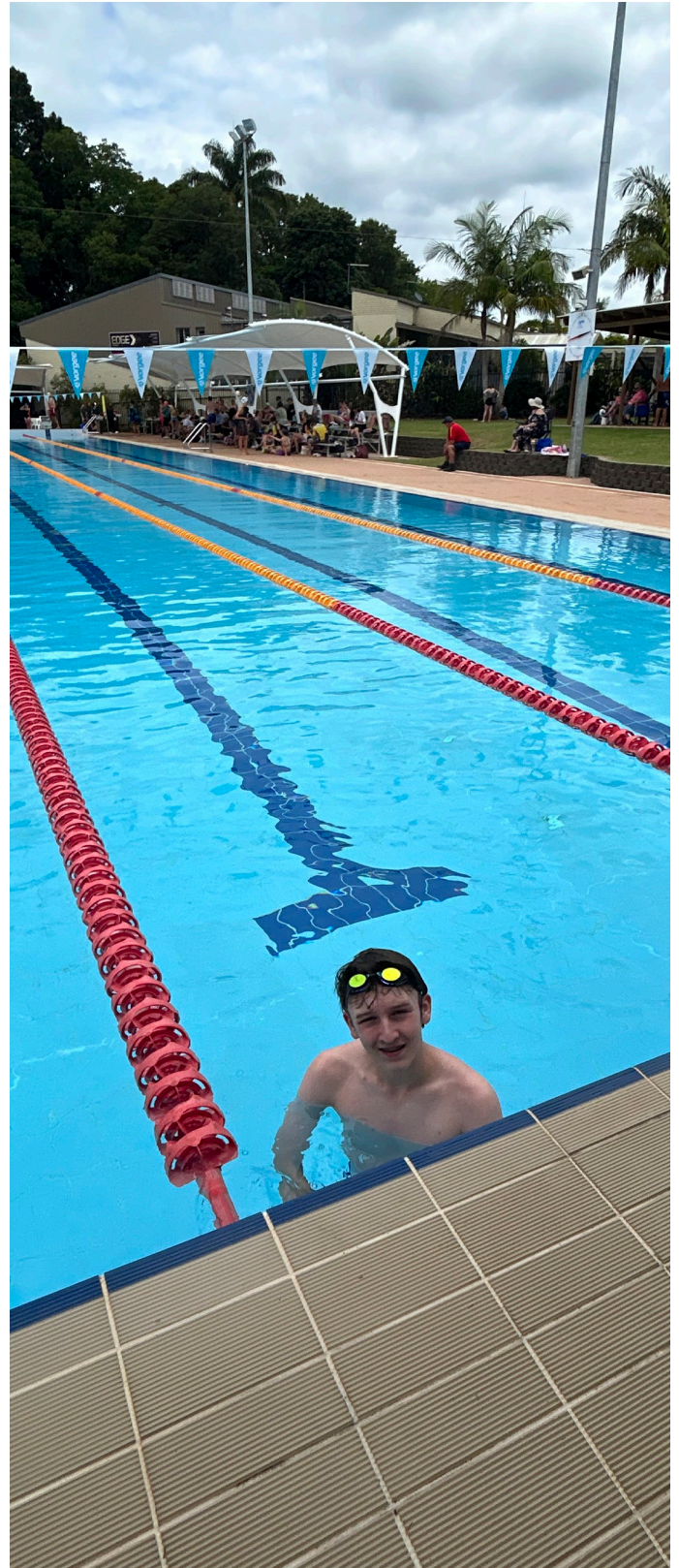
House Information 2023				
House	BRADMAN	FRAISER	NEWCOMBE	CUTHBERT
Surnames	A-D	E-K	L-R	S-Z
House Colour	Green	Yellow	Red	Blue
House Patron	Charles Wiseman	Jeff Wilkes	Luke Wallace	Ricki Wiblen
Meeting Venue	B Block Quad	Canteen Steps	MPC	Library
Captain	Kane	Yannick	Joseph	Joey
Captain	Chloe B	Tahlia	Millie	Chloe S
V-Captain	Samantha	Keith	Hudson	Seb
V-Captain	Chloe	Hayley	Linh Le	Mya



## Zone Swimming Carnival

On Tuesday, students from Kadina High Campus competed at the Zone Swimming Carnival. Oscar from year 10 and Miles from year 8, each competed in a number of races and did a fantastic job of representing our school. A number of year 10 students also assisted with catering on the day. A big shout out of thanks goes to Charlie, Tarni, Nakita, Anna, Keira and Abbie. What a great day!

Chloe Sirach & Rachael Rasborsek



## North Coast Swimming Carnival student volunteers

During Term 1 our year 9 and 10 students had the opportunity for community citizenship engagement at our Northern Rivers and North Coast Regional Swimming Carnival Events.

Our Year 10 students volunteered their time serving catering to carnival officials at the Northern Rivers Secondary Zone Swimming Carnival. We also had a group of our Year 9 and 10 PASS students volunteering as race timekeepers during the primary schools PSSA North Coast Regional Swimming Carnival. On both occasions our students did a fantastic job of representing Kadina while contributing to the smooth running of two important carnival events in our local region. We look forward to creating further citizenship connection opportunities where our students can utilise their event management expertise they are completing in PASS studies and practice valuable skills in leadership, responsibility and community engagement.

Mrs Rasborsek



# Camp Drewe at Lennox Head

Year 7 students attended an overnight relationship building camp at Camp Drewe at Lennox Head.

The aim was to start the process of developing positive ties between our students, to create a cohesive, strong and supportive year group that teachers, parents and members of our community will be consistently proud of.

We were blessed with beautiful weather and surrounded by peaceful bushland at Camp Drewe, a stones throw to the beach and a short walk to Lake Ainsworth.

After settling into the dorms and exploring the 5 acres available to us, the students spent a relaxing afternoon in the waters of the Lake.

Many experienced the joys of kayaking for the first time, while others spent time catching tadpoles or just having fun in the water.

Our Principal Mr Witchard visited bearing the gift of ice blocks, a much appreciated late afternoon snack and spent time getting to know some of our students.

Our Year 7 Deputy Mrs Graham also dropped by in the evening and dined with us while also continuing to foster positive relationships with our year group. Students were treated to a bonfire with marshmallows and some fun night time games.

The next morning began with a walk on the beach watching the sunrise, followed by a day at the Ballina Waterslides where some conquered their fears and jumped on the yellow slide for the first time.



## Year 5/6 Information Evening

Thank you to all of our new and prospective families who joined us this evening for our Year 5 & 6 Information Evening. It was a fantastic night that was well attended and gave us a great opportunity to show what #KadinaCreates.



## BBQ fundraiser

Despite the rain hanging around, our fundraiser BBQ went ahead as planned and was a huge success! Thank you to everyone who donated for a snag. Funds raised were donated to the Koori Mail



## Flood Anniversary Donation - Koori Mail

The Koori Mail building was completely inundated by water during the floods, as was the case for all buildings along Molesworth Street. The Koori Mail stopped their publication work and turned to supporting community, providing goods and produce, medical and psychological assistance. For the first time since the national Indigenous newspaper begun, they missed three publications, only to return to printing again on 2nd April 2022. The Koori Mail continues to support community and is redeveloping there Molesworth space to include a cafe and meeting space for all community.

On Friday 17th March, Kyla, Brady and Rosalea met with Koori Mail CEO Naomi Moran and presented a certificate of appreciation along with a cheque for \$2125.50, under the cover of the first post-flood edition of the Koori Mail - "They Stepped Up".



## Chess Team 2023

Kadina Chess Team had their first competition for the year this week. Well done to Zane for his skillful win!



## Rivers Sport

Recently, the Rivers took on Evans Head in their first round of the statewide football Puma cup and trophy knockouts. The boys won 5-3 and the girls won 2-0 ensuring the progress to the next round.



## SRC Assembly

On Monday 27th February, we inducted our 2023 Student Representative Council (SRC). The Induction Assembly involved our new SRC students receiving their badges and reciting the SRC Ode as well as a musical performance from some of our talented music students. Badges were pinned on by parents, family members, friends and teachers who later joined our SRC Representatives for a yummy morning tea provided by our Hospitality students.

Congratulations and thank you to our student leaders who have joined our SRC for 2023. We look forward to the amazing work you will do to this year to create an inclusive and fun learning environment at Kadina High Campus.



## Meet the Teachers BBQ

Thank you to all the parents, carers, students and staff who attended our Year 7 Meet the Teachers BBQ. It was fantastic to get to know our newest community members at a relaxed and informal event. Thank you also to our talented musicians who entertained our visitors #KadinaCreates.



# National Apology Day

National Apology Day in Australia is observed on February 13 every year in Australia. On 13 February 2008, Prime Minister Kevin Rudd offered a formal apology to Australia's Indigenous peoples, particularly the Stolen Generations, on behalf of the nation at Australian Parliament House.

The Apology was presented as a motion for voting to the Chamber. It acknowledged that 'the laws and policies of successive Parliaments and governments had resulted in the forcible removal of Aboriginal and Torres Strait Islander children from their families and 'inflicted profound grief, suffering and loss on these our fellow Australians'.

Today, and every day, we recognise that our school is built on the lands of the Widjabal Wia-bal people of the Bundjalung nation. We pay our respect to the elders past, present and emerging and extend that respect to our entire community. Always was, always will be, Aboriginal land.

National Apology Day was recognised at Kadina High Campus through our Roll Call activities and our formal Assembly this Term.



**Apology to Australia's Indigenous Peoples**  
House of Representatives  
Parliament House, Canberra

*I move:*  
That today we honour the Indigenous peoples of this land, the oldest continuing cultures in human history.  
We reflect on their past mistreatment.  
We reflect in particular on the mistreatment of those who were Stolen Generations - this blemished chapter in our nation's history.  
The time has now come for the nation to turn a new page in Australia's history by righting the wrongs of the past and so moving forward with confidence to the future.  
We apologise for the laws and policies of successive Parliaments and governments that have inflicted profound grief, suffering and loss on these our fellow Australians.  
We apologise especially for the removal of Aboriginal and Torres Strait Islander children from their families, their communities and their country.  
For the pain, suffering and hurt of these Stolen Generations, their descendants and for their families left behind, we say sorry.  
To the mothers and the fathers, the brothers and the sisters, for the breaking up of families and communities we say sorry.  
And for the indignity and degradation thus inflicted on a proud people and a proud culture, we say sorry.  
We the Parliament of Australia respectfully request that this apology be received in the spirit in which it is offered as part of the healing of the nation.  
For the future we take heart; resolving that this new page in the history of our great continent can now be written.  
We today take this first step by acknowledging the past and laying claim to a future that embraces all Australians.  
A future where this Parliament resolves that the injustices of the past must never, never happen again.  
A future where we harness the determination of all Australians, Indigenous and non-Indigenous, to close the gap that lies between us in life expectancy, educational achievement and economic opportunity.  
A future where we embrace the possibility of new solutions to enduring problems where old approaches have failed.  
A future based on mutual respect, mutual resolve and mutual responsibility.  
A future where all Australians, whatever their origins, are truly equal partners, with equal opportunities and with an equal stake in shaping the next chapter in the history of this great country, Australia.

*Kevin Rudd*  
The Hon Kevin Rudd MP  
Prime Minister  
February 13th, 2008



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## STYMIE

Hi! Welcome to Stymie, it's really great to be part of The Rivers Secondary College - Kadina Campus community!

So, what is Stymie? Stymie is an old fashioned word that means to stop or thwart. Stymie is an online, confidential messaging service for anyone who is needing help or concerned about someone else. Stymie provides a proactive opportunity for students to say something about harmful behaviours or anything they are concerned about for themselves, or someone else. It works, because it is accessible 24/7, anonymous, easy to use and messages are typically delivered in a few seconds to approved notification recipients.

For more information, please visit the link below.

[https://kadina-h.schools.nsw.gov.au/content/dam/doe/sws/schools/k/kadina-h/pdf/Stymie\\_launch.pdf](https://kadina-h.schools.nsw.gov.au/content/dam/doe/sws/schools/k/kadina-h/pdf/Stymie_launch.pdf)

**Speak up.**  
**DON'T BE SILENT.**  
If you see something,  
*SAY SOMETHING.*



**#SAYSOMETHING**



Girls in years 8 - 10 brainstorming and developing prototype solutions to local problems.

## Enterprising Girls

Over two full days, RASE and Young Change Agents delivered the Academy for Enterprising Girls discovery program to students from The Rivers Secondary College. The girls identified local problems and developed enterprising solutions to issues such as; the poor condition of local roads, helping businesses and community recover from the floods, cleaning up our river banks and providing opportunities for youth to connect through social activities.



KHC & LHC Students watching a demonstration launch of an unmodified drink bottle.

## Bottle Rockets

This year will see a high school bottle rocket competition held across The Rivers Secondary College. Students at KHC and LHC are already learning the fundamentals of rocket design and brainstorming ways to modify a soft drink bottle into a mean flying machine. The challenge is to beat the 97m record set last year by Jade and Charmel from LHC.

## Algae Biosystem

RASE continues to develop its partnership between East Coast Algae Biosystems and Lismore High Campus. We now have a bespoke Algae tank that will allow students to easily harvest spirulina as a sustainable fertiliser, fish food for aquaponics, and much more. It's all part of empowering students to use innovative, cutting-edge methods to be part of the solution to climate change. Students will perform experiments and feed data back to East Coast Algae across the disciplines of Science and Agriculture.



LHC Science staff use a faculty meeting to learn about the Algae biosystem and empty it, ready for an improved version.



### What is the Homework Centre?

Students will be dismissed from school each Tuesday at 2.30pm, instead of 3.15pm. During this time students could either:

- Go home to engage in homework/study

or

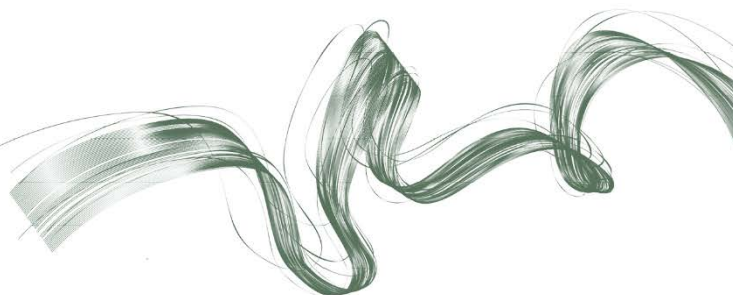
- Remain at school under supervision in our Homework Centre. The Homework Centre will be staffed by teaching and SLSO staff to support students in completing homework and assessments.

Bell Times A/B	Monday	Tuesday	Wednesday	Thurs, Friday
<b>Period 1</b> (SENIORS ONLY)	8:30 - 9:10	8:30 - 9:10	8:30 - 9:10	8:30 - 9:10
Roll Call	9:10 - 9:20	9:10 - 9:20	X	9:10 - 9:20
<b>Period 2</b>	9:20 - 10:10	9:20 - 10:10	9:20 - 10:10	9:20 - 10:10
<b>Period 3</b>	10:10 - 10:55	10:10 - 11:00	10:10 - 11:00	10:10 - 11:00
Recess	10:55 - 11:15	11:00 - 11:20	11:00 - 11:20	11:00 - 11:20
<b>Period 4</b>	11:15 - 12:00	11:20 - 12:10	11:20 - 12:10	11:20 - 12:10
<b>Period 5</b>	12:00 - 12:45	12:10 - 1:00	12:10 - 1:00	12:10 - 1:00
Assembly	12:45 - 1:05	X	X	X
Lunch	1:05 - 1:45	1:00 - 1:40	1:00 - 1:40	1:00 - 1:40
<b>Period 6</b>	1:45 - 2:30	1:40 - 2:30	1:40 - 2:30	1:40 - 2:30
<b>Period 7</b>	2:30 - 3:15	2:30 - 3:15 (HOMEWORK CENTRE)	2:30 - 3:15	2:30 - 3:15



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## UNIFORM PRICE LIST 2023

JUNIOR			SENIOR	
Bottle Green Polo	\$26.00		White Polo	\$26.00
			White Button-Up Shirt	\$35.00
Black Shorts	\$32.00		Black Shorts	\$32.00
Check Skirt <i>limited stock / reduced to clear</i>	\$32.00		Check Skirt <i>limited stock / reduced to clear</i>	\$32.00
Bottle Green Hoodie	\$37.00		Bottle Green Hoodie	\$37.00
Waterproof Jacket	\$60.00		Waterproof Jacket	\$60.00

## The Rivers Secondary College

### Kadina High Campus

#### Canteen Menu 2023

##### Drinks

Water	2.5/4.5
Norco milk	3/4.5

Juice Bombs	3
Orchy juices	3
Bundaberg juices	4.5
Chill Aloe	4.5
Nutrient water	4.5
Coconut water	4.5
Flavoured spring water	3

##### Cold Food

##### **Fresh sandwiches 6**

Egg, lettuce, mayo

Chicken, lettuce, mayo

##### **Fresh Rolls 6.5**

Ham, chicken, cheese, egg or avocado with salad

*(Lettuce, tomato, beetroot, capsicum, onion, cucumber, carrot, mayo)*

##### **Sweet Chilli Chicken Wrap 6.5**

*(Sweet chilli chicken tenders, lettuce, cheese, mayo, carrot, cucumber, sweet chilli sauce)*

##### **Sushi 4/7.5**

Single, double, vegetarian

##### **Fruit cup 5**

### Bench Items

Bananas	1
Finger buns ( <i>Fridays</i> ) Buttered	3.5
bread rolls	2
Mrs Higgins biscuits	3.5
Chips	1.5

### Hot Food

Sweet chilli chicken tender	2
Meat Pie (Martins bakery) Large	6.5
Sausage roll	3.5
Spinach & cheese roll	5.5
Grilled chicken burger	6
Hamburger	6.5

### Freezer

Juice cups	1.5
Callipo	2.5
Frozen yogurts	2.5
Lamonade twist	2.5

\*\*Students and all school staff are able to pre order and pay for their lunch each day, this guarantees your food choice and no need to queue.

\*\*Prices may be subject to change



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Year 7 2023

## Parent and Carer Survey

Thank you for choosing to send your child to our campus to undertake their secondary education. We want to ensure your child is safe, supported and successful with a bright future. We would appreciate it if parents and carers of our Year 7 students could take a few minutes to complete this survey to help improve primary to secondary transition in the future.



Please click on the link below to access the survey.

[\*\*Year 7 Parent and Carer Survey 2023\*\*](#)

## **Year 7 & 10 Vaccinations** **12th May, 2023**

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Parents of Year 7 & 10 students are reminded to please complete the online vaccinations forms.



# Health

## School Immunisation Program Year 7 Orientation

Vaccines given in the program in Year 7 are:

- Human Papillomavirus (HPV) 2 Vaccines, 6 Months apart
- Diphtheria-Tetanus and Pertussis (dTpa) One Vaccine, given at the same time as the first HPV vaccine.

Authorised Nurse Immunisers will visit the School during Year 7.

Vaccines will only be given with parent or carers consent. Watch for the digital consent form early in Term 1

### WHAT DO PARENTS NEED TO REMEMBER?

- Read the Information Kit sent out in Term 1
- Complete the Consent Form or log in to Service NSW to complete the consent form for 2023.
- Discuss the importance of Immunisation with your child
- Watch out for announcements on dates for your school.
- Ensure that your child has breakfast and wearing short sleeves on immunisation day.

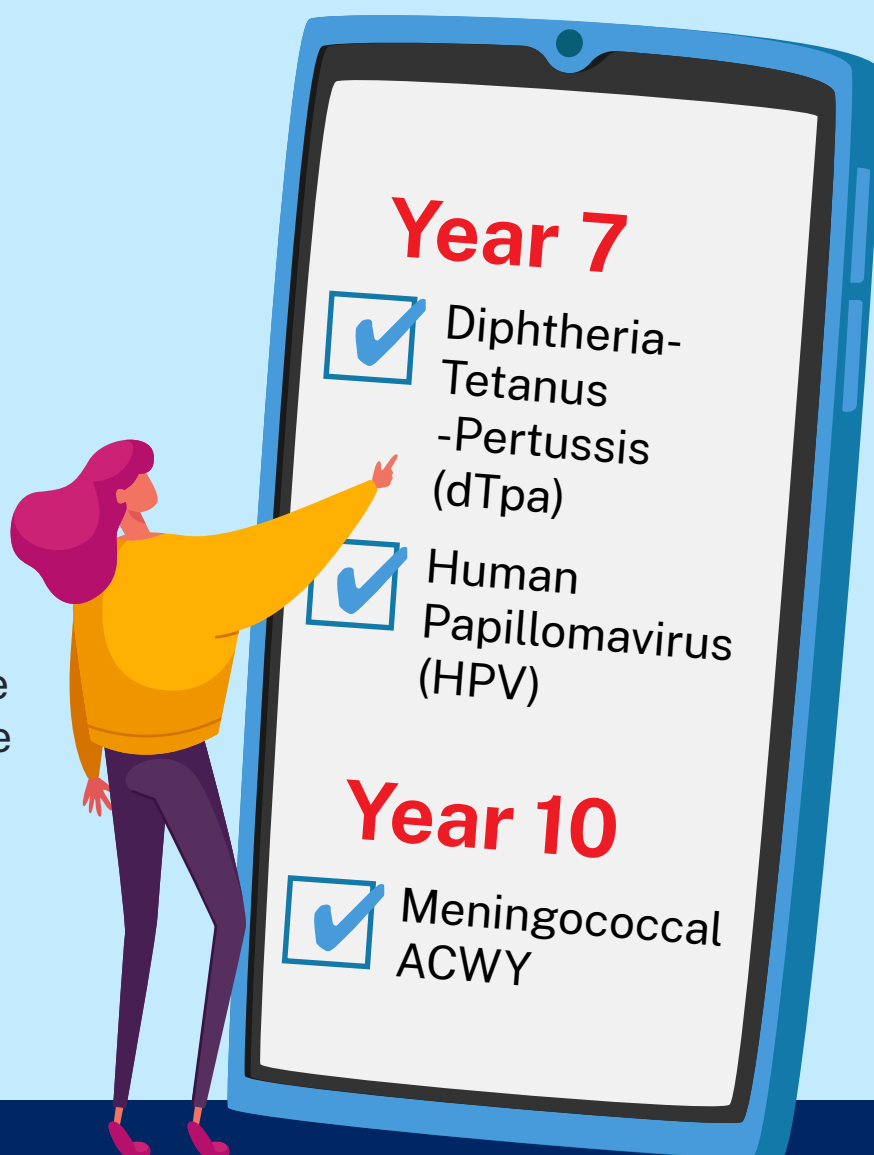
PLEASE CALL THE PUBLIC HEALTH UNIT ON  
1300066055  
[WWW.NSWHEALTH.GOV.AU/IMMUNISATION](http://WWW.NSWHEALTH.GOV.AU/IMMUNISATION)

# Will your child be in year 7 or 10 next year?



You can provide consent for your child's routine school vaccinations online in 2023.

At the beginning of the school year, your child's school will share the link to complete the online consent form.



More information on the school vaccination program:  
[health.nsw.gov.au/schoolvaccination](https://health.nsw.gov.au/schoolvaccination)

# Attendance

With the disruptions that many of our families have faced in recent months, we understand that getting children to school every day is not always easy. We're here to help. If there are things that we can do to help your child to get to school every day, please let us know. Every day really does count!

NSW Department of Education

## Why attendance matters

When your child misses school they miss important opportunities to...



Learn



Build friendships



Develop life skills

education.nsw.gov.au



## Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

and years over their school life

1 day per fortnight  
M W T F  
M T W T F

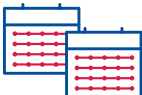
= 4 weeks



= Over 1 year missed

1 day per week  
M W T F  
M T W F

= 8 weeks



= Over 2.5 years missed

education.nsw.gov.au